

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading
Finals				
1 Du Toit, Leana	W30 CGMA	12,38	-0.3	12,39 84,73%
2 Hanekom, Lemy	W34 GNMA	13,40	-0.3	13,41 78,28%
3 Botha, Mariette	W33 CGMA	13,52	-0.3	13,53 77,59%
4 Walters, Marike	W30 WPA	13,53	-0.3	13,54 77,53%
5 West, Marijke	W33 WPA	13,98	-0.3	13,99 75,04%
6 Landsberg, Nelia	W32 Namibia	14,10	-0.3	14,11 74,40%

**W35 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading
1 Smit, Ascha-Alicia	W37 GNMA	14,29	-0.3	14,15 74,18%
1 Anderson, Elane	W37 GNMA	14,29	-0.3	14,15 74,18%

**W40 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Vermaak, Lizelle	W41 ECMA	13,50	-0.4	12,89 81,41%	2
2 Olivier, Christa	W42 Nwna	13,68	-0.4	13,07 80,34%	2
3 Joubert, Charnie	W42 GNMA	13,73	-0.4	13,11 80,04%	2
4 Borchartd, Nadine	W43 WPA	14,44	-0.4	13,79 76,11%	2
5 Myeza, Mapula	W43 KZN	14,56	-0.4	13,91 75,48%	2
6 Van Rooyen, Marleen	W43 Bolma	14,78	-0.4	14,12 74,36%	2

**W45 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Schoeman, Adri	W46 GNMA	12,62	1.1	11,61 90,41%	3
2 Barnard, Charmain	W48 GNMA	13,00	1.1	11,96 87,77%	3
3 Figland, Beverley	W46 WPA	14,33	1.1	13,18 79,62%	3
4 Pakulski, Theresa	W48 WPA	14,81	1.1	13,62 77,04%	3

**W50 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Louw, Venessa	W52 WPA	15,15	1.1	13,40 78,28%	3
2 Willemse, Guste	W50 SWD	15,24	1.1	13,48 77,82%	3
3 Human, Corinne	W52 GNMA	16,21	1.1	14,34 73,16%	3

**W55 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Carlisle, Jeanette	W56 KZN	14,59	0.4	12,39 84,65%	4
2 Hamiton Russell, Brigid	W57 WPA	15,81	0.4	13,43 78,12%	4
3 Gouws, Makkie	W55 GNMA	18,35	0.4	15,59 67,30%	4

**W60 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Du Plessis, Agatha-Lee	W61 GNMA	19,14	0.4	15,58 67,35%	4
2 Diba, Magdeline	W61 AFS	19,53	0.4	15,90 66,00%	4

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Claassen, Stephanie	W65 GNMA	16,80	-0.1	13,09 80,18%	5
2 Jonkers, Margaret	W67 WPA	17,62	-0.1	13,73 76,45%	5
3 Jacobs, Marlene	W65 KZN	17,85	-0.1	13,91 75,46%	5

**W70 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Ungerer, Toy	W71 SWD	15,94	-0.1	11,79 88,96%	5
2 Thomlinson, Magdalena	W74 KZN	18,23	-0.1	13,49 77,78%	5

**W80 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Johnson, Maggie	W80 WPA	21,07	-0.1	13,53 77,55%	5

**M30 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Lubbe, Shawn	M33 CGMA	11,50	NWI	11,51 85,13%	
2 Prinsloo, Snyman	M32 GNMA	11,51	NWI	11,52 85,06%	
3 Zeelie, Jean-Pierre	M31 GNMA	11,64	NWI	11,65 84,11%	
4 Orrie, Nadeem	M31 WPA	12,53	NWI	12,54 78,13%	

**M35 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Dreyer, Jonathan	M35 WPA	11,18	-0.1	11,04 88,73%	2
2 Mentoer, Ricardo	M39 WPA	11,44	-0.1	11,30 86,71%	2
3 Koekemoer, Pieter	M35 KZN	11,57	-0.1	11,42 85,74%	2
4 Davids, Chazery	M35 Bolma	11,90	-0.1	11,75 83,36%	2
5 Laban, Frederick	M37 Bolma	12,09	-0.1	11,94 82,05%	2
6 Lindoor, Christiaan	M39 SWD	12,22	-0.1	12,06 81,18%	2
7 Brown, Kelvin	M38 WPA	13,43	-0.1	13,26 73,86%	2

**M40 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Holroyd, Wayne	M41 KZN	11,50	-1.3	11,02 88,87%	3
2 Msipha, Edwin	M42 CGMA	11,75	-1.3	11,26 86,98%	3
3 Van der Walt, Phillip	M40 GNMA	12,00	-1.3	11,50 85,17%	3
4 Buck, Rob	M41 WPA	12,27	-1.3	11,76 83,29%	3
5 Steyn, Christo	M40 CGMA	12,28	-1.3	11,77 83,22%	3
6 Williams, Dominic	M42 WPA	12,72	-1.2	12,19 80,35%	4
7 Native, Craig	M41 WPA	12,84	-1.3	12,30 79,60%	3
8 Pena, David	M41 WPA	13,14	-1.2	12,59 77,78%	4
9 Jansen, Nico	M43 Bolma	17,11	-1.2	16,39 59,73%	4

**M45 100 Meter Sprint**

Name	Age Team	Finals	Wind	Age-Grading	H#
1 Van der Westhuizen, Peet	M45 GNMA	11,91	0.3	11,07 88,50%	5

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M45 100 Meter Sprint**

2	Basson, Marius	M45	WPA	11,93	0.1	11,08	88,35%	6
3	Ockhuys, Edward	M46	Bolma	12,34	0.1	11,47	85,41%	6
4	Solomons, Anthony	M46	Bolma	12,36	0.1	11,48	85,28%	6
5	Page, Colin	M45	CGMA	12,42	0.3	11,54	84,86%	5
6	Cloete, John	M45	WPA	12,57	0.3	11,68	83,85%	5
7	Potgieter, Thys	M45	GNMA	12,76	0.3	11,86	82,60%	5
8	Russell, Scott	M48	WPA	13,01	0.1	12,09	81,01%	6
9	Hollenbach, Lionel	M45	WPA	13,05	0.1	12,12	80,77%	6
10	Cottee, Alistair	M47	WPA	13,08	0.1	12,15	80,58%	6
11	Neff, Freddie	M48	Bolma	14,05	0.3	13,05	75,02%	5

**M50 100 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#		
1	Hacker, Ian	M52	CGMA	12,28	0.3	11,05	88,60%	7
2	Toll, Michael	M53	WPA	12,70	0.3	11,43	85,67%	7
3	Williams, Jeremiah	M51	Bolma	12,92	0.3	11,63	84,21%	7
4	Hugo, Stephan	M51	WPA	13,06	0.3	11,75	83,31%	7
5	Rothman, Leon	M53	SWD	13,18	0.3	11,86	82,55%	7
6	Wyngaard, Adriaan	M50	WPA	13,87	0.3	12,48	78,44%	7

**M55 100 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#		
1	Myburgh, Johan	M55	WPA	12,52	NWI	10,90	89,86%	8
2	Endrody, Thomas	M57	CGMA	12,61	NWI	10,98	89,21%	8
3	Van Tubbergh, Braam	M58	KZN	14,37	NWI	12,51	78,29%	8
4	Lubbe, Louw	M58	CGMA	15,47	NWI	13,47	72,72%	8

**M60 100 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#		
1	Warries, Joseph	M61	WPA	13,15	-0.7	11,07	88,52%	9
2	Downward, Trevor	M62	KZN	13,74	-0.7	11,57	84,72%	9
3	Deetlefs, Pietie	M64	Bolma	14,13	-0.8	11,89	82,38%	10
4	Xavier, Robert	M64	Epma	14,23	-0.7	11,98	81,80%	9
5	Varty, Dennis	M63	KZN	14,61	-0.8	12,30	79,67%	10
6	Mokolopo, Andrew	M64	AFS	16,30	-0.7	13,72	71,41%	9
7	Kivedo, Owen	M61	ECMA	17,14	-0.8	14,43	67,91%	10
--	Tlapu, Bobie	M60	GNMA	DNF	-0.7			9

**M65 100 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#		
1	Claassen, Len	M66	GNMA	13,79	NWI	11,19	87,53%	11
2	Motala, Yacoob	M68	KZN	16,05	NWI	13,02	75,20%	11
3	Smith, Leslie	M67	KZN	16,93	NWI	13,74	71,29%	11
4	Martheze, Kariem	M69	WPA	17,93	NWI	14,55	67,32%	11

**M70 100 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#		
1	Figland, Edgar	M70	WPA	16,33	0.2	12,71	77,04%	12
2	Anker, Pieter	M70	Epma	17,20	0.2	13,39	73,14%	12

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## ...M70 100 Meter Sprint

3 De Kock, Bobby	M72 AFS	21,49	0.2	16,73	58,54%	12
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## M75 100 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading	H#	
1 Van Zyl, Jakobus	M79 WPA	16,63	0.2	12,33	79,43%	12

## M80 100 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading	H#	
1 Cross, Ron	M83 WPA	16,15	NWI	11,26	87,00%	13
2 Bruce-Brand, Avon	M80 KZN	18,09	NWI	12,61	77,67%	13
3 Prinsloo, Jan	M80 Central North West	18,53	NWI	12,91	75,82%	13
4 Mabilo, Peter	M80 AFS	21,17	NWI	14,75	66,37%	13
5 Van Den Berg, Jan	M84 WPA	22,36	NWI	15,58	62,84%	13

## M85 100 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading	H#	
1 Ridge, Arthur	M86 WPA	18,18	NWI	11,68	83,83%	13
2 Strydom, Ron	M85 WPA	19,48	NWI	12,52	78,23%	13

## W30 200 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading
1 Du Toit, Leana	W30 CGMA	25,77	-0.2	25,78 82,81%
2 Hanekom, Lemy	W34 GNMA	27,14	-0.2	27,15 78,63%
3 Walters, Marike	W30 WPA	27,99	-0.2	28,00 76,24%
4 Botha, Mariette	W33 CGMA	28,69	-0.2	28,70 74,38%
5 Landsberg, Nelia	W32 Namibia	28,75	-0.2	28,76 74,23%
6 Bezuidenhout, Esrie	W34 WPA	28,83	-0.2	28,84 74,02%
7 West, Marijke	W33 WPA	28,99	-0.2	29,00 73,61%
8 Tsutsu, Unathi	W33 KZN	31,63	-0.2	31,64 67,47%

## W35 200 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading	H#	
1 Anderson, Elane	W37 GNMA	29,19	-0.2	28,33	75,37%	2

## W40 200 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading	H#	
1 Olivier, Christa	W42 Nwna	27,22	-0.2	25,43	83,91%	2
2 Vermaak, Lizelle	W41 ECMA	28,02	-0.2	26,18	81,51%	2
3 Joubert, Charnie	W42 GNMA	28,75	-0.2	26,86	79,44%	2
4 Borchardt, Nadine	W43 WPA	30,04	-0.2	28,07	76,03%	2
5 Myeza, Mapula	W43 KZN	31,22	-0.2	29,17	73,16%	2

## W45 200 Meter Sprint

Name	Age Team	Finals	Wind	Age-Grading	H#	
1 Schoeman, Adri	W46 GNMA	25,64	NWI	23,03	92,67%	3

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## ...W45 200 Meter Sprint

2 Barnard, Charmain	W48	GNMA	26,84	NWI	24,11	88,52%	3
3 Cloete, Wendy	W45	GNMA	31,34	NWI	28,15	75,81%	3
4 Petersen, Jenene	W46	Bolma	32,24	NWI	28,96	73,70%	3

## W50 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Human, Corinne	W52	GNMA	34,04	NWI	29,35	72,71%	3

## W55 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Carlisle, Jeanette	W56	KZN	29,60	-0.5	24,46	87,26%	4
2 Swanepoel, Elsa	W58	GNMA	31,23	-0.5	25,81	82,71%	4
3 Theunisen, Emmarie	W56	GNMA	35,07	-0.5	28,98	73,65%	4

## W60 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Diba, Magdeline	W61	AFS	41,45	-0.5	32,76	65,16%	4

## W65 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Jacobs, Marlene	W65	KZN	37,67	-0.5	28,42	75,10%	4
2 Maputle, Martha	W66	AFS	47,98	-0.5	36,19	58,96%	4

## W70 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Ungerer, Toy	W71	SWD	35,30	NWI	24,96	85,52%	5
2 Thomlinson, Magdalena	W74	KZN	37,82	NWI	26,74	79,83%	5

## W80 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Johnson, Maggie	W80	WPA	49,15	NWI	28,79	74,14%	5

## M30 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	
1 Zeelie, Jean-Pierre	M31	GNMA	25,59	-1.0	25,60	75,50%
2 Lubbe, Shawn	M33	CGMA	25,82	-1.0	25,83	74,83%
3 Hartzenberg, Marshall	M32	CGMA	26,41	-1.0	26,42	73,15%
4 Oelf, Shaun	M30	WPA	26,59	-1.0	26,60	72,66%
5 Kaltamo, Abraham	M34	CGMA	26,82	-1.0	26,83	72,04%

## M35 200 Meter Sprint

Name	Age	Team	Finals	Wind	Age-Grading	H#	
1 Dreyer, Jonathan	M35	WPA	22,39	1.4	22,03	87,72%	2

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2	Koekemoer, Pieter	M35	KZN	22,98	1.4	22,61	85,47%	2
3	Mentoor, Ricardo	M39	WPA	23,25	1.4	22,88	84,47%	2
4	Laban, Frederick	M37	Bolma	24,70	1.4	24,30	79,51%	2
5	Lindoor, Christiaan	M39	SWD	25,20	1.4	24,79	77,94%	2
6	Zaayman, Barnard	M36	SWD	26,80	1.4	26,37	73,28%	2

**M40 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Holroyd, Wayne	M41	KZN	23,19	1.4	22,12 87,37%	3
2 Msipha, Edwin	M42	CGMA	24,09	1.4	22,98 84,10%	3
3 Steyn, Christo	M40	CGMA	24,85	1.4	23,70 81,53%	3
4 Moabi, Ismael	M40	Nwna	25,07	-0.6	23,91 80,81%	4
5 Bothma, Rupert	M42	WPA	25,97	-0.6	24,77 78,01%	4
6 Pena, David	M41	WPA	26,21	-0.6	25,00 77,30%	4
7 Msipha, Aldrin	M42	CGMA	26,56	1.4	25,33 76,28%	3
8 Williams, Dominic	M42	WPA	26,90	1.4	25,66 75,32%	3
9 Jansen, Nico	M43	Bolma	38,52	-0.6	36,74 52,60%	4

**M45 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Basson, Marius	M45	WPA	23,89	-0.6	22,07 87,57%	5
2 Van der Westhuizen, Peet	M45	GNMA	24,04	-0.6	22,21 87,02%	6
3 Viljoen, Joe	M46	Nwna	24,61	-0.6	22,73 85,01%	6
4 Ockhuys, Edward	M46	Bolma	25,14	-0.6	23,22 83,21%	5
5 Solomons, Anthony	M46	Bolma	25,19	-0.6	23,27 83,05%	6
5 Joubert, Gideon	M45	GNMA	25,19	-0.6	23,27 83,05%	5
7 Page, Colin	M45	CGMA	25,55	-0.6	23,60 81,88%	5
8 Cloete, John	M45	WPA	26,60	-0.6	24,57 78,65%	5
9 Cottee, Alistair	M47	WPA	27,83	-0.6	25,71 75,17%	6
10 Hollenbach, Lionel	M45	WPA	28,11	-0.6	25,96 74,42%	6

**M50 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Hacker, Ian	M52	CGMA	25,30	0.2	22,61 85,49%	7
2 Fourie, David	M51	KZN	25,33	0.2	22,63 85,39%	7
3 Toll, Michael	M53	WPA	25,80	0.2	23,05 83,84%	7
4 Hugo, Stephan	M51	WPA	26,44	0.2	23,63 81,81%	7
5 Rothman, Leon	M53	SWD	27,34	0.2	24,43 79,11%	7
6 Wyngaard, Adriaan	M50	WPA	28,14	0.2	25,15 76,87%	7
7 Peterson, Warren	M50	Bolma	28,16	0.2	25,16 76,81%	7
8 Ruiters, Denver	M52	Bolma	29,45	0.2	26,32 73,45%	7

**M55 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Myburgh, Johan	M55	WPA	25,62	0.3	22,12 87,35%	8
2 Van Tubbergh, Braam	M58	KZN	29,69	0.3	25,64 75,38%	8
3 Coetzer, Johan	M58	SWD	29,84	0.3	25,77 75,00%	8
4 Lubbe, Louw	M58	CGMA	30,75	0.3	26,55 72,78%	8
5 Le Roux, Henk	M55	AFS	30,89	0.3	26,67 72,45%	8

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**M60 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Tlapu, Bobie	M60	GNMA	26,55	0.3	22,13 87,34%	9
2 Windt, Johan	M64	SWD	28,15	1.0	23,46 82,38%	10
3 Downward, Trevor	M62	KZN	28,46	0.3	23,72 81,48%	9
4 Deetlefs, Pietie	M64	Bolma	28,90	1.0	24,08 80,24%	10
5 Varty, Dennis	M63	KZN	29,21	0.3	24,34 79,39%	9
6 Kivedo, Owen	M61	ECMA	31,88	0.3	26,57 72,74%	9
7 Mokolopo, Andrew	M64	AFS	33,59	1.0	27,99 69,04%	10
-- Motshumi, Joseph	M62	AFS	DNF	0.3		9

**M65 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Claassen, Len	M66	GNMA	28,24	1.0	22,62 85,45%	10
2 Motala, Yacoob	M68	KZN	34,43	1.0	27,57 70,08%	10
3 Smith, Leslie	M67	KZN	34,76	1.0	27,84 69,42%	10

**M70 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Maputle, John	M74	AFS	34,25	+0.0	26,18 73,81%	11
2 Figland, Edgar	M70	WPA	34,79	+0.0	26,59 72,66%	11
3 Anker, Pieter	M70	Epma	35,86	+0.0	27,41 70,50%	11
4 Stuart, Les	M74	SWD	37,49	+0.0	28,65 67,43%	11
5 De Kock, Bobby	M72	AFS	45,92	+0.0	35,10 55,05%	11

**M75 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Van Zyl, Jakobus	M79	WPA	34,24	0.9	24,71 78,21%	12

**M80 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Cross, Ron	M83	WPA	35,99	0.9	24,11 80,16%	12
2 Van Den Berg, Jan	M84	WPA	49,86	0.9	33,40 57,86%	12

**M85 200 Meter Sprint**

Name	Age	Team	Finals	Wind	Age-Grading	H#
1 Ridge, Arthur	M86	WPA	38,39	0.9	23,23 83,17%	12
2 Strydom, Ron	M85	WPA	44,32	0.9	26,82 72,04%	12

**W30 400 Meter Sprint**

Name	Age	Team	Finals	Age-Grading	H#
1 Botha, Mariette	W33	CGMA	1:03,01	1:03,02 75,54%	4
2 Walters, Marike	W30	WPA	1:03,88	1:03,89 74,51%	4
3 Landsberg, Nelia	W32	Namibia	1:04,37	1:04,38 73,95%	4
4 Bezuidenhout, Esrie	W34	WPA	1:04,38	1:04,39 73,94%	4
5 West, Marijke	W33	WPA	1:06,84	1:06,85 71,21%	4
6 Tsutsu, Unathi	W33	KZN	1:12,10	1:12,11 66,02%	4

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Name	Age Team	Finals	Age-Grading	H#
1 Anderson, Elane	W37 GNMA	1:04,89	1:03,59 74,87%	3

**W40 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Olivier, Christa	W42 Nwna	1:03,87	59,99 79,36%	3
2 Myeza, Mapula	W43 KZN	1:12,36	1:07,96 70,05%	3

**W45 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Cloete, Wendy	W45 GNMA	1:09,41	1:02,36 76,34%	2

**W50 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Viljoen, Jolande	W52 ECMA	1:10,45	1:00,42 78,79%	2

**W55 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading
1 Hamiton Russell, Brigid	W57 WPA	1:11,27	58,21 81,77%
2 Carlisle, Jeanette	W56 KZN	1:13,44	59,98 79,36%
3 Theunisen, Emmarie	W56 GNMA	1:16,03	1:02,10 76,65%

**W60 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading
1 Alexander, Liz	W61 KZN	1:14,55	57,52 82,76%

**W65 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading
1 Jacobs, Marlene	W65 KZN	1:37,21	1:10,01 68,00%
2 Maputle, Martha	W66 AFS	1:42,33	1:13,69 64,59%

**W70 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading
1 Visser, Maria C	W70 CGMA	1:42,02	1:07,36 70,67%

**M30 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Classens, Ashwyn	M30 WPA	51,29	51,30 84,19%	10
2 Kaltamo, Abraham	M34 CGMA	53,20	53,21 81,17%	10
3 Folster, Ryan	M31 CGMA	54,57	54,58 79,13%	10



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading H#
1 Koekemoer, Pieter	M35 KZN	50,97	49,21 87,76% 9
2 Ingram, Richard	M36 KZN	51,22	49,45 87,33% 9
3 Mentoor, Ricardo	M39 WPA	52,23	50,43 85,64% 9
4 Von Durckheim, Christian	M38 Bolma	55,74	53,82 80,25% 9
5 Russouw, Nico	M35 WPA	56,34	54,40 79,39% 9
6 Zaayman, Barnard	M36 SWD	1:00,07	58,00 74,46% 9

**M40 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading H#
1 Holroyd, Wayne	M41 KZN	52,03	48,67 88,72% 7
2 Msipha, Edwin	M42 CGMA	53,99	50,51 85,50% 7
3 Vosloo, Riaan	M42 KZN	55,25	51,69 83,55% 8
4 Steyn, Christo	M40 CGMA	55,46	51,88 83,23% 8
5 Bothma, Rupert	M42 WPA	59,19	55,37 77,99% 7
6 Malange, Stanley	M40 WPA	1:06,43	1:02,14 69,49% 7

**M45 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading H#
1 Basson, Marius	M45 WPA	52,44	47,48 90,94% 6
2 Viljoen, Joe	M46 Nwna	53,06	48,05 89,88% 6
3 Van Zyl, Oloff	M47 WPA	56,96	51,58 83,73% 6
4 Russell, Scott	M48 WPA	1:01,08	55,31 78,08% 6
5 Fortuin, Maurice	M46 Bolma	1:06,58	1:00,29 71,63% 6

**M50 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading H#
1 Fourie, David	M51 KZN	56,99	49,89 86,56% 5
2 Hugo, Mark	M51 KZN	59,47	52,07 82,95% 5
3 Toll, Michael	M53 WPA	1:03,94	55,98 77,15% 5

**M55 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading H#
1 Myburgh, Johan	M55 WPA	58,02	49,06 88,04% 4
2 Julie, Merlin	M56 WPA	1:00,68	51,30 84,18% 4
3 Groeneveld, Leon	M56 Bolma	1:01,07	51,63 83,64% 4
4 Knipe, Francois	M55 GNMA	1:04,20	54,28 79,56% 4
5 McDuling, Schalk	M58 GNMA	1:12,05	1:00,92 70,90% 4

**M60 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading H#
1 Warriess, Joseph	M61 WPA	1:01,41	50,08 86,24% 2
2 Windt, Johan	M64 SWD	1:04,53	52,62 82,07% 2
3 Booysen, Hendrik	M60 CGMA	1:05,80	53,66 80,49% 3
4 Varty, Dennis	M63 KZN	1:08,24	55,65 77,61% 3
5 Rudd, Philip	M61 CGMA	1:10,72	57,67 74,89% 2

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading	H#
1 Claassen, Len	M66 GNMA	1:04,32	50,41 85,67%	2

**M70 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading
1 Maputle, John	M74 AFS	1:19,88	59,60 72,46%
2 Stuart, Les	M74 SWD	1:22,17	1:01,30 70,44%
3 De Kock, Bobby	M72 AFS	1:52,07	1:23,61 51,65%

**M85 400 Meter Sprint**

Name	Age Team	Finals	Age-Grading
1 Ridge, Arthur	M86 WPA	1:35,86	53,19 81,19%

**W30 800 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Scheffer, Leilani	W33 Nwna	2:23,65	2:23,66 78,86%	2
2 Bezuidenhout, Esrie	W34 WPA	2:29,95	2:29,96 75,55%	2
3 Landsberg, Nelia	W32 Namibia	2:30,43	2:30,44 75,30%	2
4 Mthethwa, Nomcebo	W34 KZN	2:33,00	2:33,01 74,04%	2
5 Wessels, Twane	W31 WPA	2:39,94	2:39,95 70,83%	2
6 Tsutsu, Unathi	W33 KZN	2:54,18	2:54,19 65,04%	2
7 Nqayi, Mandisa	W30 WPA	2:58,29	2:58,30 63,54%	2

**W35 800 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Maritz, Liza	W37 GNMA	2:20,41	2:19,73 81,08%	2
2 Posthumus-Fox, Tanya	W36 WPA	2:31,69	2:30,95 75,05%	2
3 Oosthuizen, Natasha	W35 WPA	2:34,46	2:33,71 73,70%	2
4 Du Plessis, Charlotte	W35 WPA	2:58,48	2:57,61 63,78%	2

**W40 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Heyns, Alicia	W42 GNMA	2:37,99	2:30,68 75,18%
2 Lubbe, Elsabe	W43 Nwna	2:41,61	2:34,13 73,50%

**W50 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Vermeulen, Salome	W50 GNMA	2:21,84	2:03,53 91,70%
2 Viljoen, Jolande	W52 ECMA	2:38,73	2:18,24 81,94%

**W55 800 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Swanepoel, Elsa	W58 GNMA	2:42,44	2:14,75 84,07%
2 Hamiton Russell, Brigid	W57 WPA	2:43,78	2:15,86 83,38%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## ...W55 800 Meter Run

3 Theunisen, Emmarie	W56 GNMA	3:00,86	2:30,03	75,51%
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## W60 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Alexander, Liz	W61 KZN	2:52,26	2:15,19 83,79%
2 Scheffer, Irene	W61 Nwna	2:54,31	2:16,80 82,81%

## W70 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Visser, Maria C	W70 CGMA	3:50,41	2:35,58 72,81%

## M30 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Kaltamo, Abraham	M34 CGMA	1:58,57	1:58,58 85,27%	4
2 Hartzenberg, Marshall	M32 CGMA	1:59,62	1:59,63 84,53%	4
3 Classens, Ashwyn	M30 WPA	2:00,90	2:00,91 83,63%	4
4 Folster, Ryan	M31 CGMA	2:02,97	2:02,98 82,22%	4

## M35 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Zulu, Simphiwe	M39 KZN	1:56,74	1:55,78 87,34%	4
2 Molomo, Silas	M36 CGMA	2:07,78	2:06,72 79,79%	4
3 Zaayman, Barnard	M36 SWD	2:22,55	2:21,37 71,53%	4
4 Esau, Dorian	M38 WPA	2:40,34	2:39,01 63,59%	4

## M40 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Afrika, Abraham	M42 WPA	2:07,29	2:01,69 83,09%	3
2 Steyn, Christo	M40 CGMA	2:18,80	2:12,70 76,20%	3
3 Bezuidenhout, Roger	M43 WPA	2:21,82	2:15,58 74,57%	3
4 Malange, Stanley	M40 WPA	2:30,96	2:24,32 70,06%	3

## M45 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Viljoen, Joe	M46 Nwna	2:01,62	1:51,93 90,34%	3
2 Van Zyl, Oloff	M47 WPA	2:09,36	1:59,06 84,93%	3
3 Fortuin, Maurice	M46 Bolma	2:21,50	2:10,23 77,65%	3
4 Cooper, Andrew	M49 WPA	2:32,84	2:20,66 71,89%	3

## M50 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Du Plooy, Anton	M51 CGMA	2:12,50	1:57,23 86,26%	2
2 Hugo, Mark	M51 KZN	2:16,04	2:00,36 84,01%	2
3 Oehley, Derek	M53 WPA	2:18,23	2:02,30 82,68%	2
4 Simcock, Adam	M52 GNMA	2:21,68	2:05,35 80,67%	2

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## ...M50 800 Meter Run

-- Philander, Tobias	M53 WPA		DNF		2
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## M55 800 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Julie, Merlin	M56 WPA	2:21,89	2:00,47 83,93%	2
2 Knipe, Francois	M55 GNMA	2:26,44	2:04,33 81,32%	2
3 Rawlins, Patrick	M59 SWD	2:34,21	2:10,93 77,23%	2
4 Gregan, Sydney	M55 GNMA	2:35,41	2:11,95 76,63%	2
5 McDuling, Schalk	M58 GNMA	2:42,22	2:17,73 73,41%	2

## M60 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Windt, Johan	M64 SWD	2:26,95	1:59,52 84,60%
2 Forbes, Michael	M61 Border	2:28,15	2:00,50 83,91%
3 Connolly, Paul	M63 Zimbabwe	2:31,94	2:03,58 81,82%
4 Booysen, Hendrik	M60 CGMA	2:32,14	2:03,74 81,71%
5 Kelly, Martin	M62 WPA	2:32,89	2:04,35 81,31%

## M65 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Claassen, Len	M66 GNMA	2:28,03	1:55,11 87,84%
2 Ndlovu, Bongani	M65 KZN	2:45,14	2:08,42 78,74%

## M70 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Maputle, John	M74 AFS	3:05,84	2:17,90 73,33%
2 Stuart, Les	M74 SWD	3:11,94	2:22,42 71,00%
3 Clements, Fred	M73 GNMA	3:23,14	2:30,73 67,08%
4 De Kock, Bobby	M72 AFS	4:18,86	3:12,08 52,64%

## M75 800 Meter Run

Name	Age Team	Finals	Age-Grading
1 Geutner, Manfred	M75 WPA	3:50,61	2:39,68 63,32%

## W30 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Brandt, Mandie	W34 WPA	4:34,54	4:34,55 84,68%	2
2 Scheffer, Leilani	W33 Nwna	4:54,84	4:54,85 78,85%	2
3 Mthethwa, Nomcebo	W34 KZN	5:15,14	5:15,15 73,77%	2
4 Griffiths, Kobie	W32 WPA	5:15,59	5:15,60 73,66%	2
5 Wessels, Twane	W31 WPA	5:27,51	5:27,52 70,98%	2

## W35 1500 Meter Run

Name	Age Team	Finals	Age-Grading	H#
1 Maritz, Liza	W37 GNMA	4:46,15	4:42,49 82,29%	2

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## ...W35 1500 Meter Run

2	Roffey, Anneline	W36	WPA	5:09,25	5:05,30	76,15%	2
3	Du Plessis, Charlotte	W35	WPA	6:05,32	6:00,65	64,46%	2

## W40 1500 Meter Run

Name	Age	Team	Finals	Age-Grading
1 Blignaut, Tania	W44	GNMA	5:26,94	5:09,19 75,19%

## W50 1500 Meter Run

Name	Age	Team	Finals	Age-Grading
1 Vermeulen, Salome	W50	GNMA	4:56,41	4:15,72 90,91%
2 Viljoen, Jolande	W52	ECMA	5:29,05	4:43,88 81,89%

## W55 1500 Meter Run

Name	Age	Team	Finals	Age-Grading
1 Theunisen, Emmarie	W56	GNMA	6:17,90	5:10,34 74,91%
2 Lemmon, Annie	W56	WPA	6:49,61	5:36,38 69,11%

## W60 1500 Meter Run

Name	Age	Team	Finals	Age-Grading
1 Scheffer, Irene	W61	Nwna	5:50,67	4:32,09 85,44%

## M30 1500 Meter Run

Name	Age	Team	Finals	Age-Grading	H#
1 Classens, Ashwyn	M30	WPA	4:16,69	4:16,70 80,25%	3

## M35 1500 Meter Run

Name	Age	Team	Finals	Age-Grading	H#
1 Zulu, Simphiwe	M39	KZN	3:57,08	3:55,02 87,65%	3
2 Molomo, Silas	M36	CGMA	4:14,89	4:12,68 81,53%	3
3 Van Der Walt, Tjaart	M39	WPA	4:36,23	4:33,83 75,23%	3
4 Esau, Dorian	M38	WPA	5:36,05	5:33,13 61,84%	3

## M40 1500 Meter Run

Name	Age	Team	Finals	Age-Grading	H#
1 Afrika, Abraham	M42	WPA	4:21,72	4:09,14 82,69%	3
2 Van Rooyen, Christo	M40	WPA	4:31,10	4:18,07 79,83%	3
3 Lotz, Corne	M42	GNMA	4:34,50	4:21,30 78,84%	3
4 Bezuidenhout, Roger	M43	WPA	4:59,03	4:44,65 72,37%	3
5 Peacock, Michael	M44	WPA	5:20,86	5:05,43 67,45%	3
6 Modise, Norman	M43	AFS	5:24,86	5:09,24 66,62%	3

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 1500 Meter Run**

Name	Age	Team	Finals	Age-Grading	H#
1 Van Zyl, Oloff	M47	WPA	4:33,43	4:09,51 82,56%	2
2 Mc Carthy, Gavin	M46	WPA	4:35,86	4:11,73 81,83%	2
3 Cooper, Andrew	M49	WPA	5:14,38	4:46,88 71,81%	2

**M50 1500 Meter Run**

Name	Age	Team	Finals	Age-Grading	H#
1 Du Plooy, Anton	M51	CGMA	4:40,56	4:04,96 84,10%	2
2 De Villiers, Dawie	M51	GNMA	4:44,61	4:08,50 82,90%	2
3 Oehley, Derek	M53	WPA	4:48,48	4:11,88 81,79%	2
4 De Beer, Sollie	M50	CGMA	4:58,42	4:20,56 79,06%	2
5 Cleophas, Tony	M51	SWD	5:02,99	4:24,55 77,87%	2
6 Simcock, Adam	M52	GNMA	5:04,61	4:25,96 77,46%	2
7 Lemmon, Mark	M51	WPA	5:10,40	4:31,02 76,01%	2
8 Swart, Dries	M52	WPA	5:13,77	4:33,96 75,20%	2

**M55 1500 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Ruppert, Max	M56	WPA	5:01,60	4:11,45 81,93%
2 Julie, Merlin	M56	WPA	5:06,64	4:15,65 80,58%
3 Dramat, Shamiel	M57	WPA	5:11,24	4:19,49 79,39%

**M60 1500 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Forbes, Michael	M61	Border	5:02,29	3:59,99 85,84%
2 Kelly, Martin	M62	WPA	5:40,08	4:29,99 76,30%

**M70 1500 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Maputle, John	M74	AFS	6:37,50	4:41,40 73,21%
2 Stuart, Les	M74	SWD	6:47,66	4:48,59 71,38%
3 De Kock, Bobby	M72	AFS	9:20,49	6:36,78 51,92%

**M80 1500 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Evans, Bub	M80	WPA	7:30,11	4:26,47 77,31%

**W30 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Wessels, Twane	W31	WPA	20:58,96	20:58,97 68,68%

**W35 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Posthumus-Fox, Tanya	W36	WPA	18:58,05	1:53,81759,79%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Jennett, Melanie	W44 CGMA	20:09,89	19:42,67 73,11%
2 Blignaut, Tania	W44 GNMA	20:46,96	20:18,91 70,94%

**W45 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Zarraga, Aleida	W48 WPA	25:05,86	22:57,87 62,76%

**W50 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Van der Westhuizen, Conn	W53 GNMA	22:04,42	19:15,56 74,83%
2 Venter, Laura	W51 CGMA	25:42,67	22:25,99 64,24%

**W70 5000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Nelson, Marianne	W73 WPA	29:54,60	20:19,80 70,89%

**M35 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Zulu, Simphiwe	M39 KZN	14:49,54	14:49,55 85,10%	2
2 Johnson, Grant	M36 CGMA	16:56,88	16:56,89 74,44%	2
3 Van Der Walt, Tjaart	M39 WPA	16:56,97	16:56,98 74,44%	2
4 Esau, Dorian	M38 WPA	20:14,22	20:14,23 62,34%	2

**M40 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Van Rooyen, Christo	M40 WPA	16:27,92	15:53,45 79,40%	2
2 Lotz, Corne	M42 GNMA	16:53,12	16:17,77 77,42%	2
3 Juries, Chubasco	M41 WPA	18:01,14	17:23,41 72,55%	2
4 Modise, Norman	M43 AFS	19:35,75	18:54,72 66,71%	2
5 Peacock, Michael	M44 WPA	20:55,55	20:11,74 62,47%	2

**M45 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 Mc Carthy, Gavin	M46 WPA	17:56,02	16:40,92 75,63%	2
2 Cooper, Andrew	M49 WPA	18:15,28	16:58,83 74,30%	2
3 Millard, Gavin	M48 WPA	20:02,26	18:38,35 67,69%	2
4 Fortuin, Maurice	M46 Bolma	21:16,54	19:47,44 63,75%	2

**M50 5000 Meter Run**

Name	Age Team	Finals	Age-Grading	H#
1 De Villiers, Dawie	M51 GNMA	18:27,70	16:31,73 76,33%	2
2 De Beer, Sollie	M50 CGMA	18:38,96	16:41,81 75,56%	2
3 Swart, Dries	M52 WPA	19:16,68	17:15,58 73,10%	2

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 5000 Meter Run**

4	Cleophas, Tony	M51	SWD	19:31,97	17:29,27	72,15%	2
5	Kelly, Percy	M52	WPA	19:44,62	17:40,60	71,38%	2
6	Jacobs, Phillip	M51	Bolma	22:08,35	19:49,28	63,65%	2

**M55 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Ruppert, Max	M56	WPA	18:16,04	15:43,04 80,27%
2 Dramat, Shamiel	M57	WPA	19:04,32	16:24,58 76,89%
3 Vermeulen, Andries	M56	Bolma	19:12,53	16:31,64 76,34%
4 Grogan, Sydney	M55	GNMA	19:32,45	16:48,78 75,04%

**M60 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Lindsay, Robbie	M62	WPA	19:43,85	16:17,27 77,46%

**M65 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Els, Hannes	M67	ECMA	20:08,55	15:53,79 79,37%
2 Smith, Leslie	M67	KZN	23:11,80	18:18,41 68,92%
3 Barit, Lawrence	M69	CGMA	37:18,26	29:26,44 42,85%
-- Ndlovu, Bongani	M65	KZN	DNF	
-- Naude, Alan	M67	WPA	DNF	

**M70 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Maputle, John	M74	AFS	24:44,90	18:30,71 68,15%
2 Stuart, Les	M74	SWD	24:50,14	18:34,63 67,92%

**M80 5000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Evans, Bub	M80	WPA	27:45,13	17:35,36 71,73%

**W30 10000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Mthethwa, Nomcebo	W34	KZN	40:35,96	40:35,97 73,94%

**W40 10000 Meter Run**

Name	Age	Team	Finals	Age-Grading
1 Heyns, Alicia	W42	GNMA	42:49,47	41:03,87 73,10%
2 Blignaut, Tania	W44	GNMA	44:06,19	42:17,44 70,98%



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W45 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Zarraga, Aleida	W48 WPA	52:33,42	48:08,54 62,35%

**W50 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
-- Venter, Laura	W51 CGMA	DNF	

**M35 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Johnson, Grant	M36 CGMA	35:20,52	35:20,53 74,51%
2 Pretorius, Juan	M35 SWD	36:56,15	36:56,16 71,29%
3 Esau, Dorian	M38 WPA	42:10,16	42:10,17 62,45%

**M40 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Modise, Norman	M43 AFS	37:39,36	36:19,84 72,48%

**M45 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Moagi, Moeketsi	M47 CGMA	36:01,37	33:29,22 78,64%
2 Cooper, Andrew	M49 WPA	38:24,60	35:42,36 73,75%

**M50 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 De Villiers, Dawie	M51 GNMA	39:21,92	35:12,51 74,79%
2 Kelly, Percy	M52 WPA	39:34,10	35:23,40 74,41%

**M55 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Dramat, Shamiel	M57 WPA	39:45,30	34:09,46 77,09%
2 Gregan, Sydney	M55 GNMA	42:31,72	36:32,44 72,07%

**M60 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Lindsay, Robbie	M62 WPA	40:59,92	33:46,98 77,95%

**M65 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Els, Hannes	M67 ECMA	41:56,25	32:57,27 79,91%
2 Lamprecht, Lampies	M68 SWD	59:54,03	47:04,19 55,95%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 10000 Meter Run**

Name	Age Team	Finals	Age-Grading
1 Anker, Pieter	M70 Epma	46:28,06	34:28,19 76,40%

**W40 80 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Olivier, Christa	W42 Nwna	12,63	NWI	14,95 81,71%

**W45 80 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Barnard, Charmain	W48 GNMA	12,36	NWI	13,49 90,53%
2 Labuschagne, Celeste	W45 GNMA	13,95	NWI	15,23 80,22%

**W50 80 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Human, Corinne	W52 GNMA	15,52	NWI	17,02 71,78%

**W30 100 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Walters, Marike	W30 WPA	16,19	NWI	16,20 75,42%
2 Landsberg, Nelia	W32 Namibia	19,18	NWI	19,19 63,66%

**W35 100 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Anderson, Elane	W37 GNMA	18,99	NWI	18,71 65,24%

**M50 100 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Hugo, Stephan	M51 WPA	16,78	NWI	16,12 80,10%
2 Wyngaard, Adriaan	M50 WPA	19,97	NWI	19,18 67,30%

**M55 100 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Gouws, Johan	M58 GNMA	17,91	NWI	16,53 78,11%
2 Van Tubbergh, Braam	M58 KZN	20,44	NWI	18,87 68,44%

**M65 100 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Smit, Christiaan	M65 AFS	23,88	NWI	20,63 62,60%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M35 110 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Russouw, Nico	M35 WPA	18,28	NWI	18,10 71,33%
2 Swekile, Simphiwe	M39 ECMA	20,23	NWI	20,03 64,46%

**M40 110 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Venter, Jannie	M41 Epma	17,49	NWI	16,67 77,47%
2 Strydom, Johan	M43 CGMA	22,43	NWI	21,37 60,41%

**M45 110 Short Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Russell, Scott	M48 WPA	18,91	NWI	17,31 74,62%
-- Joubert, Gideon	M45 GNMA	DNF	NWI	

**W70 200 Long Hurdles**

Name	Age Team	Finals	Wind	Age-Grading
1 Thomlinson, Magdalena	W74 KZN	44,45	NWI	44,46 117,75%

**M60 300 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Rudd, Philip	M61 CGMA	50,16	50,17 93,26%
2 Varty, Dennis	M63 KZN	51,59	51,60 90,68%

**W30 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Landsberg, Nelia	W32 Namibia	1:11,47	1:11,48 73,23%

**W35 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Anderson, Elane	W37 GNMA	1:11,54	1:11,55 73,16%

**W45 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Labuschagne, Celeste	W45 GNMA	1:14,40	1:03,75 82,11%

**M30 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading	H#	
1 Louw, Vian	M31 SWD	58,07	58,08	80,56%	3

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**M35 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading H#
1 Koekemoer, Pieter	M35 KZN	53,73	5,38870,65% 3
2 Ingram, Richard	M36 KZN	58,12	5,82804,89% 3
3 Russouw, Nico	M35 WPA	1:03,01	6,31742,42% 3
4 Brown, Kelvin	M38 WPA	1:16,42	7,65612,14% 3

**M40 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading H#
1 Vosloo, Riaan	M42 KZN	1:00,32	57,74 81,02% 2
2 Venter, Jannie	M41 Epma	1:02,26	59,60 78,49% 2
3 Steyn, Christo	M40 CGMA	1:05,35	1:02,56 74,78% 2
4 Moabi, Ismael	M40 Nwna	1:17,84	1:14,51 62,78% 2

**M45 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading H#
1 Joubert, Gideon	M45 GNMA	59,41	54,33 86,11% 2
2 Van Zyl, Oloff	M47 WPA	1:02,62	57,26 81,70% 2
3 Scheepers, Anton	M48 GNMA	1:04,44	58,93 79,39% 2

**M55 400 Long Hurdles**

Name	Age Team	Finals	Age-Grading
1 Van Tubbergh, Braam	M58 KZN	1:21,27	1:07,36 69,45%
2 Bezuidenhout, Vic	M55 GNMA	1:32,75	1:16,88 60,85%

**W40 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Moabi, Girly	W42 Nwna	11:58,99	15:58,06 56,53%

**W50 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Viljoen, Jolande	W52 ECMA	8:48,30	10:52,24 83,04%
2 Venter, Laura	W51 CGMA	11:13,73	13:51,79 65,11%

**W55 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Swanepoel, Elsa	W58 GNMA	9:55,91	11:49,61 76,32%
2 Lemmon, Annie	W56 WPA	10:34,19	12:35,20 71,72%

**M60 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Windt, Johan	M64 SWD	8:42,77	10:34,60 74,64%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 2000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 De Kock, Bobby	M72 AFS	15:35,08	15:21,06 51,42%

**M40 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Van Rooyen, Christo	M40 WPA	10:35,60	9:41,83 81,40%
2 Modise, Norman	M43 AFS	12:23,08	11:20,22 69,63%

**M45 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Van Zyl, Oloff	M47 WPA	11:24,19	9:58,26 79,17%
2 Moagi, Moeketsi	M47 CGMA	11:25,01	9:58,98 79,07%
3 Cooper, Andrew	M49 WPA	12:47,21	11:10,85 70,60%
4 Isaacs, Duncan	M49 WPA	16:37,23	14:31,98 54,32%

**M50 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 De Beer, Sollie	M50 CGMA	11:46,03	9:50,88 80,16%

**M55 3000 Meter Steeplechase**

Name	Age Team	Finals	Age-Grading
1 Ruppert, Max	M56 WPA	12:28,98	10:01,06 78,80%
2 Gregan, Sydney	M55 GNMA	13:26,52	10:47,24 73,18%
3 Rawlins, Patrick	M59 SWD	14:02,33	11:15,97 70,07%

**W95 4x100 Meter Relay**

Team	Finals
1 Gauteng Noord Meesters Atletie 'A'	51,40
2 Central Gauteng MasteAthletics 'A'	58,20
3 Gauteng Noord Meesters Atletie 'B'	58,90

**M40 4x100 Meter Relay**

Team	Finals	H#
1 Western Province athletics 'C'	58,30	2

**M95 4x100 Meter Relay**

Team	Finals	H#
1 Western Province athletics 'B'	46,30	2
2 Western Province athletics 'A'	46,90	1
3 Boland Masters Athletics 'A'	47,50	1
4 Gauteng Noord Meesters Atletie 'A'	49,90	1
5 Central Gauteng MasteAthletics 'A'	50,20	1

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 High Jump**

Name	Age Team	Finals	Age-Grading
1 Botha, Mariette	W33 CGMA	1,60m	1,60m 76,56%

**W40 High Jump**

Name	Age Team	Finals	Age-Grading
1 Ebersohn, Cornelia	W43 GNMA	1,57m	1,73m 83,07%
2 Shaik, Carmila	W44 Bolma	1,30m	1,43m 68,78%

**W45 High Jump**

Name	Age Team	Finals	Age-Grading
1 Petersen, Jenene	W46 Bolma	1,30m	1,50m 72,22%
2 Du Toit, Dorita	W45 Central North West	1,21m	1,40m 67,22%

**W50 High Jump**

Name	Age Team	Finals	Age-Grading
1 Viljoen, Jolande	W52 ECMA	1,16m	1,42m 67,84%
2 Basson, Jaqueline	W54 WPA	1,05m	1,28m 61,40%

**W55 High Jump**

Name	Age Team	Finals	Age-Grading
1 Nel, Monica	W59 Bolma	1,23m	1,59m 76,40%

**W60 High Jump**

Name	Age Team	Finals	Age-Grading
1 Du Plessis, Agatha-Lee	W61 GNMA	1,03m	1,41m 67,76%

**W65 High Jump**

Name	Age Team	Finals	Age-Grading
1 Jonkers, Margaret	W67 WPA	1,12m	1,64m 78,87%

**M30 High Jump**

Name	Age Team	Finals	Age-Grading
1 Hartzenberg, Marshall	M32 CGMA	1,80m	1,80m 73,47%

**M35 High Jump**

Name	Age Team	Finals	Age-Grading
1 Brown, Kelvin	M38 WPA	1,45m	1,48m 60,67%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 High Jump**

Name	Age	Team	Finals	Age-Grading
1 Van der Walt, Phillip	M40	GNMA	1,85m	1,93m 79,06%
2 Vermeulen, Brandon	M41	CGMA	1,75m	1,83m 74,79%

**M45 High Jump**

Name	Age	Team	Finals	Age-Grading
1 Lombard, Bertus	M48	GNMA	1,48m	1,63m 66,67%

**M55 High Jump**

Name	Age	Team	Finals	Age-Grading
1 Bredeveldt, Neal	M56	Bolma	1,60m	1,96m 80,00%
2 Gouws, Johan	M58	GNMA	1,55m	1,90m 77,50%
3 Bezuidenhout, Vic	M55	GNMA	1,40m	1,71m 70,00%
4 Coetzer, Johan	M58	SWD	1,35m	1,65m 67,50%

**M65 High Jump**

Name	Age	Team	Finals	Age-Grading
1 Smit, Christiaan	M65	AFS	1,25m	1,73m 70,62%
2 Nel, Org (George)	M67	WPA	1,10m	1,52m 62,15%

**M75 High Jump**

Name	Age	Team	Finals	Age-Grading
1 Heunis, David	M75	SWD	1,20m	1,91m 77,92%

**M80 High Jump**

Name	Age	Team	Finals	Age-Grading
1 Benning, Leo	M83	Bolma	1,00m	1,72m 70,42%

**W40 Pole Vault**

Name	Age	Team	Finals	Age-Grading
1 Strydom, Ida-Marie	W41	GNMA	2,90m	3,32m 64,44%

**W45 Pole Vault**

Name	Age	Team	Finals	Age-Grading
1 Du Toit, Dorita	W45	Central North West	2,40m	2,91m 56,60%

**M40 Pole Vault**

Name	Age	Team	Finals	Age-Grading
1 Van As, Jean-Paul	M44	Bolma	4,15m	4,47m 72,81%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Blaauw, David	M45 GNMA	2,20m	2,52m 41,12%

**M55 Pole Vault**

Name	Age Team	Finals	Age-Grading
1 Bredeveldt, Neal	M56 Bolma	2,40m	3,16m 51,50%

**W30 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Du Toit, Leana	W30 CGMA	4,40m	NWI	4,40m 58,51%
2 West, Marijke	W33 WPA	4,32m	NWI	4,32m 57,45%
3 Tsutsu, Unathi	W33 KZN	4,02m	NWI	4,02m 53,46%

**W35 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Smit, Ascha-Alicia	W37 GNMA	5,01m	NWI	5,26m 69,97%
2 Anderson, Elane	W37 GNMA	4,23m	NWI	4,44m 59,08%

**W40 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Shaik, Carmila	W44 Bolma	4,00m	NWI	4,44m 59,08%
2 Moabi, Girly	W42 Nwna	2,88m	NWI	3,19m 42,54%

**W45 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Barnard, Charmain	W48 GNMA	5,34m	NWI	6,28m 83,57%
2 Du Toit, Dorita	W45 Central North West	4,02m	NWI	4,73m 62,91%

**W50 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Willemse, Guste	W50 SWD	4,08m	NWI	5,11m 68,00%
2 Human, Corinne	W52 GNMA	3,77m	NWI	4,72m 62,83%

**W55 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Nel, Monica	W59 Bolma	3,48m	NWI	4,66m 62,03%
2 Gouws, Makkie	W55 GNMA	3,46m	NWI	4,63m 61,68%

**W60 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Du Plessis, Agatha-Lee	W61 GNMA	3,12m	NWI	4,49m 59,77%



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Claassen, Stephanie	W65	GNMA	3,43m	NWI	5,33m 71,01%
2 Jonkers, Margaret	W67	WPA	3,04m	NWI	4,72m 62,94%

**W80 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Johnson, Maggie	W80	WPA	2,32m	NWI	5,02m 66,86%

**M30 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Julius, Regan	M31	Bolma	6,37m	NWI	6,37m 71,17%
2 Oelf, Shaun	M30	WPA	6,32m	NWI	6,32m 70,61%
3 Coetzee, Deon	M33	WPA	5,49m	NWI	5,49m 61,34%
4 Saulse, Edwin	M33	WPA	5,00m	NWI	5,00m 55,87%

**M35 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Tustin, Andre	M38	GNMA	5,96m	NWI	6,14m 68,66%
2 Swekile, Simphiwe	M39	ECMA	5,84m	NWI	6,02m 67,28%
3 Brown, Kelvin	M38	WPA	5,63m	NWI	5,80m 64,86%

**M40 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Buck, Rob	M41	WPA	6,15m	NWI	6,70m 74,91%
2 Van der Walt, Phillip	M40	GNMA	5,93m	NWI	6,46m 72,23%
3 Nell, Darelle	M44	Epma	5,35m	NWI	5,83m 65,16%
4 Slabbert, Morne	M41	Nwna	5,23m	NWI	5,70m 63,70%
5 Pena, David	M41	WPA	4,76m	NWI	5,18m 57,98%

**M45 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Van Zyl, Oloff	M47	WPA	5,33m	NWI	6,15m 68,77%
2 Neff, Freddie	M48	Bolma	5,00m	NWI	5,77m 64,52%
3 Cottee, Alistair	M47	WPA	4,64m	NWI	5,35m 59,87%
4 Lombard, Bertus	M48	GNMA	4,48m	NWI	5,17m 57,81%
5 Isaacs, Duncan	M49	WPA	2,88m	NWI	3,32m 37,16%

**M50 Long Jump**

Name	Age	Team	Finals	Wind	Age-Grading
1 Williams, Jeremiah	M51	Bolma	5,43m	NWI	6,67m 74,59%
2 McBride, Vincent	M54	WPA	5,09m	NWI	6,25m 69,92%
3 Peterson, Warren	M50	Bolma	4,90m	NWI	6,02m 67,31%
4 Scholtz, Gert	M51	CGMA	4,60m	NWI	5,65m 63,19%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Bredeveldt, Neal	M56 Bolma	4,90m	NWI	6,42m 71,85%
2 Coetzer, Johan	M58 SWD	4,87m	NWI	6,38m 71,41%
3 Endrody, Thomas	M57 CGMA	4,81m	NWI	6,31m 70,53%
4 Van Tubbergh, Braam	M58 KZN	4,44m	NWI	5,82m 65,10%

**M60 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Varty, Dennis	M63 KZN	4,30m	NWI	6,05m 67,61%
2 Mokolopo, Andrew	M64 AFS	3,64m	NWI	5,12m 57,23%

**M65 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Nel, Org (George)	M67 WPA	3,21m	NWI	4,87m 54,50%
2 Smit, Christiaan	M65 AFS	3,17m	NWI	4,81m 53,82%
3 Martheze, Kariem	M69 WPA	2,91m	NWI	4,41m 49,41%

**M70 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 De Kock, Bobby	M72 AFS	2,38m	NWI	3,92m 43,83%
2 Van Onselen, Creswell	M71 AFS	2,20m	NWI	3,62m 40,52%

**M80 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Benning, Leo	M83 Bolma	2,16m	NWI	4,29m 48,00%

**M85 Long Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Strydom, Ron	M85 WPA	2,51m	NWI	5,56m 62,13%

**W30 Triple Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Landsberg, Nelia	W32 Namibia	8,70m	NWI	8,70m 56,13%

**W35 Triple Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Smit, Ascha-Alicia	W37 GNMA	10,51m	NWI	10,70m 69,05%
2 Anderson, Elane	W37 GNMA	9,34m	NWI	9,51m 61,37%

**W40 Triple Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Ebersohn, Cornelia	W43 GNMA	11,02m	NWI	11,87m 76,63%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## ...W40 Triple Jump

2 Shaik, Carmila	W44 Bolma	8,19m	NWI	8,82m	56,95%
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## W45 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Barnard, Charmain	W48 GNMA	10,25m	NWI	11,73m 75,70%
2 Du Toit, Dorita	W45 Central North West	8,67m	NWI	9,92m 64,03%

## W50 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Willemse, Guste	W50 SWD	8,59m	NWI	10,48m 67,64%

## M35 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Brown, Kelvin	M38 WPA	10,57m	NWI	10,64m 58,20%

## M40 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Slabbert, Morne	M41 Nwna	10,55m	NWI	11,22m 61,34%
2 Nell, Darelle	M44 Epma	10,31m	NWI	10,96m 59,94%
3 Crook, Brain	M42 SWD	9,78m	NWI	10,40m 56,86%

## M50 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 McBride, Vincent	M54 WPA	11,19m	NWI	13,41m 73,33%

## M55 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Bredeveldt, Neal	M56 Bolma	10,09m	NWI	12,91m 70,61%
2 Coetzer, Johan	M58 SWD	9,26m	NWI	11,84m 64,80%
3 Van Tubbergh, Braam	M58 KZN	8,73m	NWI	11,17m 61,09%
4 Le Roux, Henk	M55 AFS	8,15m	NWI	10,42m 57,03%

## M60 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Kivedo, Owen	M61 ECMA	6,08m	NWI	8,34m 45,61%

## M65 Triple Jump

Name	Age Team	Finals	Wind	Age-Grading
1 Nel, Org (George)	M67 WPA	6,18m	NWI	9,14m 50,00%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Triple Jump**

Name	Age Team	Finals	Wind	Age-Grading
1 Van Onselen, Creswell	M71 AFS	5,28m	NWI	8,47m 46,36%

**W30 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Koch, Santie	W34 GNMA	9,97m	9,97m 44,06%

**W35 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Compion, Maria	W36 WPA	9,64m	9,99m 44,16%
2 Kleynhans, Christa	W37 GNMA	7,77m	8,05m 35,59%
3 Fourie, Christine	W37 GNMA	7,23m	7,49m 33,12%

**W40 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Coetzee, Marilize	W40 WPA	10,09m	11,19m 49,49%
2 Marx, Thea	W41 Epma	9,81m	10,88m 48,11%
3 Kruger, Sanet	W40 WPA	9,16m	10,16m 44,92%
4 Van Zyl, Anerett	W42 GNMA	8,87m	9,84m 43,50%
5 Strauss, Michelle	W42 GNMA	8,55m	9,49m 41,93%
6 Mc Ewan, Vanessa	W42 WPA	7,30m	8,10m 35,80%

**W45 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Barnard, Charmain	W48 GNMA	10,07m	12,02m 53,14%
2 Cilliers, Angela	W48 KZN	9,98m	11,91m 52,66%
3 Petersen, Jenene	W46 Bolma	8,10m	9,67m 42,74%

**W50 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Knobel, Heleen	W51 SWD	11,60m	14,62m 64,62%
2 Carstens, Yolanda	W51 Australia	10,81m	13,62m 60,22%
3 Flynn, Judy	W51 GNMA	9,70m	12,22m 54,04%
4 Hennop, Ansie	W54 GNMA	9,00m	11,34m 50,14%
5 Human, Corinne	W52 GNMA	8,86m	11,16m 49,36%
6 Rawlins, Valery-Ann	W54 KZN	5,40m	6,80m 30,08%

**W55 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Dramat, Farieda	W58 WPA	8,72m	11,95m 52,82%
2 Bowers, Cecelia	W55 Bolma	7,80m	10,69m 47,24%
3 Nel, Monica	W59 Bolma	7,75m	10,62m 46,94%
4 Coetzee, Louise	W56 GNMA	7,27m	9,96m 44,03%
5 Pietersen, Alet	W56 Epma	6,96m	9,53m 42,16%
6 Gouws, Makkie	W55 GNMA	6,89m	9,44m 41,73%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Erasmus, Zelda	W64 Bolma	8,35m	12,53m 55,41%
2 Van Dyk, Annette	W62 Namibia	7,18m	10,78m 47,64%

**W65 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Ferreira, Mercia	W68 CGMA	7,92m	13,14m 58,11%
2 Durant, Marita	W66 SWD	7,26m	12,05m 53,26%
3 Jacobs, Marlene	W65 KZN	7,04m	11,68m 51,65%
4 Van Eck, Suzi	W67 GNMA	6,45m	10,70m 47,32%

**W70 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Rzepecka, Jana	W73 KZN	6,13m	11,37m 50,29%

**W75 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Bellingan, Julie	W78 Namibia	5,51m	10,09m 44,62%

**M35 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Van Vreden, Hendrik-Juan	M35 CGMA	12,02m	12,46m 53,93%
2 Wiener, Shukri	M35 WPA	11,93m	12,37m 53,52%
3 Lewies, Daniel	M38 WPA	11,80m	12,23m 52,94%
4 Moolman, Huibertu	M36 KZN	10,97m	11,37m 49,21%
5 Van Zyl, Smit	M38 GNMA	10,63m	11,02m 47,69%
6 Moolman, Wessel	M39 KZN	9,74m	10,10m 43,70%
7 Botha, Bennie	M38 CGMA	9,03m	9,36m 40,51%

**M40 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Kruger, Peet	M44 GNMA	12,20m	13,58m 58,77%
2 Potgieter, Dirk	M44 Namibia	11,90m	13,25m 57,32%
3 Plews, Martin	M44 GNMA	11,89m	13,24m 57,27%
4 Pena, David	M41 WPA	10,56m	11,76m 50,87%
5 Niehaus, Diederik	M41 Bolma	9,26m	10,31m 44,61%
6 Slabbert, Morne	M41 Nwna	8,98m	10,00m 43,26%

**M45 Shot Put**

Name	Age Team	Finals	Age-Grading
1 Scheepers, Conradie	M49 AFS	14,53m	17,46m 75,56%
2 Heyns, Jady	M45 SWD	14,19m	17,06m 73,79%
3 Labuschagne, Johan	M45 KZN	13,67m	16,43m 71,09%
4 Swanepoel, Jan	M46 GNMA	12,49m	15,01m 64,95%
5 Venter, Martin	M46 GNMA	11,95m	14,36m 62,14%
6 Watson, Rowan	M47 GNMA	11,75m	14,12m 61,10%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Mulder, Francois	M50	CGMA	12,91m	15,13m 65,43%
2 Ras, Gerald	M51	GNMA	11,00m	12,89m 55,75%
3 Slement, Andrew	M52	GNMA	10,98m	12,86m 55,65%
4 Erasmus, Pieter	M52	GNMA	9,90m	11,60m 50,18%
5 Dorfling, Theo	M53	Epma	9,89m	11,59m 50,13%
6 Du Toit, Izak (Bul)	M51	Central North West	9,66m	11,32m 48,96%
7 Ras, Peter	M54	GNMA	9,40m	11,01m 47,64%

**M55 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Haupt, Burton	M55	GNMA	15,08m	19,16m 82,86%
2 Bezuidenhout, Vic	M55	GNMA	11,75m	14,92m 64,56%
3 Lamara, Zain	M56	WPA	10,72m	13,62m 58,90%
4 Roux, Eric	M55	Bolma	9,91m	12,59m 54,45%
5 Aspeling, John	M56	SWD	9,70m	12,32m 53,30%
6 Smith, Anthony	M59	Bolma	8,51m	10,81m 46,76%

**M60 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Wale, Anton	M64	WPA	11,68m	14,57m 63,07%
2 Harding, Jon	M63	CGMA	10,53m	13,14m 56,86%
3 Ferreira, Frik	M61	GNMA	10,46m	13,05m 56,48%

**M65 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Schorr, Douglas	M67	WPA	12,06m	16,41m 70,98%
2 Erasmus, Nick	M66	Bolma	10,53m	14,32m 61,98%
3 Kruger, Gert	M67	GNMA	8,83m	12,01m 51,97%

**M70 Shot Put**

Name	Age	Team	Finals	Age-Grading
1 Human, Nic	M72	Epma	11,03m	14,12m 61,11%
2 Kane-Smith, George	M74	WPA	6,13m	7,85m 33,96%

**W30 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Gerstner, Juanita	W34	WPA	38,95m	38,95m 50,72%
2 Koch, Santie	W34	GNMA	24,67m	24,67m 32,12%

**W35 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Fourie, Christine	W37	GNMA	27,91m	28,93m 37,68%
2 Compion, Maria	W36	WPA	23,90m	24,77m 32,27%
3 Kleynhans, Christa	W37	GNMA	22,26m	23,07m 30,05%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## W40 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Kruger, Sanet	W40 WPA	31,11m	34,68m 45,17%
2 Marx, Thea	W41 Epma	30,53m	34,04m 44,32%
3 Strauss, Michelle	W42 GNMA	25,89m	28,86m 37,59%
4 Blaauw, Anja	W43 GNMA	23,54m	26,24m 34,18%
5 Van Zyl, Anerett	W42 GNMA	23,00m	25,64m 33,39%
6 Shaik, Carmila	W44 Bolma	16,51m	18,40m 23,97%

## W45 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Cilliers, Angela	W48 KZN	31,64m	38,15m 49,68%
2 Bond, Elle	W46 GNMA	22,36m	26,96m 35,11%
3 Barnard, Charmain	W48 GNMA	21,74m	26,21m 34,13%
4 Petersen, Jenene	W46 Bolma	17,62m	21,24m 27,67%

## W50 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Knobel, Heleen	W51 SWD	33,33m	43,75m 56,97%
2 Hennop, Ansie	W54 GNMA	23,98m	31,48m 40,99%
3 Carstens, Yolanda	W51 Australia	23,13m	30,36m 39,54%
4 Flynn, Judy	W51 GNMA	21,08m	27,67m 36,03%
5 Rawlins, Valery-Ann	W54 KZN	11,76m	15,43m 20,10%

## W55 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Minnie, Valerie	W57 GNMA	22,41m	32,28m 42,04%
2 Coetzee, Louise	W56 GNMA	21,03m	30,29m 39,45%
3 Bowers, Cecelia	W55 Bolma	19,07m	27,47m 35,77%
4 Gouws, Makkie	W55 GNMA	19,04m	27,43m 35,72%
5 Pietersen, Alet	W56 Epma	18,86m	27,17m 35,38%
6 Nel, Monica	W59 Bolma	18,35m	26,43m 34,42%
7 Dramat, Farieda	W58 WPA	17,95m	25,86m 33,67%

## W60 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Erasmus, Zelda	W64 Bolma	21,56m	34,41m 44,80%
2 Van Dyk, Annette	W62 Namibia	16,35m	26,09m 33,98%

## W65 Discus Throw

Name	Age Team	Finals	Age-Grading
1 Ferreira, Mercia	W68 CGMA	19,49m	34,93m 45,49%
2 Jacobs, Marlene	W65 KZN	18,37m	32,93m 42,88%
3 Durant, Marita	W66 SWD	17,04m	30,54m 39,78%
4 Van Eck, Suzi	W67 GNMA	16,85m	30,20m 39,33%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W70 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Rzepecka, Jana	W73 KZN	16,08m	33,03m 43,01%

**W75 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Bellingan, Julie	W78 Namibia	13,74m	29,60m 38,55%

**W85 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Ackermann, Aletta	W86 WPA	8,11m	24,65m 32,11%

**M35 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Lewies, Daniel	M38 WPA	35,05m	35,55m 47,99%
2 Wiener, Shukri	M35 WPA	31,49m	31,94m 43,11%
3 Van Zyl, Smit	M38 GNMA	29,69m	30,11m 40,65%
4 Botha, Bennie	M38 CGMA	26,01m	26,38m 35,61%

**M40 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Potgieter, Dirk	M44 Namibia	33,76m	37,18m 50,19%
2 Kruger, Peet	M44 GNMA	32,51m	35,80m 48,33%
3 Niehaus, Diederik	M41 Bolma	29,60m	32,60m 44,01%
4 Slabbert, Morne	M41 Nwna	24,69m	27,19m 36,71%
5 Pena, David	M41 WPA	23,98m	26,41m 35,65%

**M45 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Swanepoel, Jan	M46 GNMA	46,27m	55,75m 75,26%
2 Scheepers, Conradie	M49 AFS	44,74m	53,90m 72,77%
3 Watson, Rowan	M47 GNMA	40,47m	48,76m 65,83%
4 Marais, Andries	M48 SWD	38,66m	46,58m 62,88%
5 Venter, Martin	M46 GNMA	37,12m	44,72m 60,38%
6 Solomons, Anthony	M46 Bolma	34,72m	41,83m 56,47%
7 Labuschagne, Johan	M45 KZN	33,54m	40,41m 54,55%

**M50 Discus Throw**

Name	Age Team	Finals	Age-Grading
1 Mulder, Francois	M50 CGMA	40,37m	41,25m 55,68%
2 Slement, Andrew	M52 GNMA	39,31m	40,16m 54,22%
3 Erasmus, Pieter	M52 GNMA	37,33m	38,14m 51,49%
4 Dorfling, Theo	M53 Epma	27,95m	28,55m 38,55%



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Haupt, Burton	M55	GNMA	53,09m	58,94m 79,57%
2 Bezuidenhout, Vic	M55	GNMA	35,83m	39,78m 53,70%
3 Roux, Eric	M55	Bolma	33,82m	37,55m 50,69%
4 Aspeling, John	M56	SWD	29,07m	32,27m 43,57%
5 Aggouras, Nick	M59	GNMA	26,38m	29,28m 39,54%

**M60 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Ferreira, Frik	M61	GNMA	34,56m	36,73m 49,58%
2 Wale, Anton	M64	WPA	34,54m	36,70m 49,56%
3 Harding, Jon	M63	CGMA	33,57m	35,67m 48,16%

**M65 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Schorr, Douglas	M67	WPA	35,70m	41,54m 56,08%
2 Erasmus, Nick	M66	Bolma	29,23m	34,01m 45,92%
3 Nel, Org (George)	M67	WPA	28,22m	32,83m 44,33%
4 Smit, Christiaan	M65	AFS	26,35m	30,66m 41,39%

**M70 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Human, Nic	M72	Epma	32,19m	41,14m 55,54%
2 Rabie, Tienkie	M72	WPA	25,91m	33,11m 44,70%

**M75 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Heunis, David	M75	SWD	30,04m	43,05m 58,12%
2 Johnston, Steve	M78	WPA	28,58m	40,96m 55,29%

**M80 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Cross, Ron	M83	WPA	29,23m	48,05m 64,87%
2 Rzepecki, Andrzej	M80	KZN	27,80m	45,70m 61,70%
3 Muller, John	M80	Bolma	25,04m	41,16m 55,57%
4 Stoltz, Jan	M80	GNMA	24,38m	40,08m 54,11%
5 Prinsloo, Jan	M80	Central North West	20,05m	32,96m 44,50%
6 Benning, Leo	M83	Bolma	17,55m	28,85m 38,95%

**M85 Discus Throw**

Name	Age	Team	Finals	Age-Grading
1 Stannius, Borg	M89	WPA	20,25m	39,50m 53,33%
2 Strydom, Ron	M85	WPA	15,07m	29,39m 39,69%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W30 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Koch, Santie	W34 GNMA	29,30m	29,30m 38,05%

**W35 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Compion, Maria	W36 WPA	22,95m	25,11m 32,61%
2 Fourie, Christine	W37 GNMA	21,41m	23,42m 30,42%
3 Kleynhans, Christa	W37 GNMA	19,89m	21,76m 28,26%

**W40 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Coetzee, Marilize	W40 WPA	41,92m	49,31m 64,04%
2 Marx, Thea	W41 Epma	31,82m	37,42m 48,61%
3 Kruger, Sanet	W40 WPA	23,59m	27,74m 36,04%
4 Van Zyl, Anerett	W42 GNMA	20,69m	24,33m 31,61%
5 Strauss, Michelle	W42 GNMA	20,04m	23,57m 30,61%

**W45 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Louw, Marisa	W47 Epma	32,69m	41,57m 53,99%
2 Cilliers, Angela	W48 KZN	25,02m	31,81m 41,32%
3 Gerber, Amanda	W46 Epma	23,44m	29,80m 38,71%

**W50 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Knobel, Heleen	W51 SWD	44,29m	56,85m 73,84%
2 Hennop, Ansie	W54 GNMA	26,46m	33,96m 44,11%
3 Flynn, Judy	W51 GNMA	24,86m	31,91m 41,45%
4 Rawlins, Valery-Ann	W54 KZN	13,91m	17,85m 23,19%

**W55 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Claassen, Zelda	W57 CGMA	25,30m	35,37m 45,95%
2 Bowers, Cecelia	W55 Bolma	23,69m	33,12m 43,03%
3 Dramat, Farieda	W58 WPA	20,68m	28,91m 37,56%
4 Coetzee, Louise	W56 GNMA	18,81m	26,30m 34,16%

**W60 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Erasmus, Zelda	W64 Bolma	22,76m	34,94m 45,38%
2 Stofberg, Tertia	W63 WPA	21,17m	32,50m 42,21%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Jacobs, Marlene	W65 KZN	22,18m	37,79m 49,08%
2 Van Eck, Suzi	W67 GNMA	21,26m	36,22m 47,05%
3 Durant, Marita	W66 SWD	20,86m	35,54m 46,16%
4 Ferreira, Mercia	W68 CGMA	19,77m	33,68m 43,75%
5 Du Toit, Aletta	W65 WPA	18,96m	32,30m 41,96%

**W70 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Grobbelaar, Elize	W71 WPA	20,25m	38,79m 50,39%

**W75 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Bellingan, Julie	W78 Namibia	18,17m	34,37m 44,64%

**M35 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Bekker, Kristiaan	M36 CGMA	58,12m	59,86m 69,02%
2 Botha, Bennie	M38 CGMA	26,77m	27,57m 31,79%
3 Van Vreden, Hendrik-Juan	M35 CGMA	26,07m	26,85m 30,96%
-- Van Zyl, Smit	M38 GNMA	DNF	

**M40 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Potgieter, Dirk	M44 Namibia	27,33m	30,75m 35,45%

**M45 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Venter, Martin	M46 GNMA	51,39m	63,70m 73,45%
2 Labuschagne, Johan	M45 KZN	37,17m	46,07m 53,12%

**M50 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Meiring, Vincent	M52 ECMA	52,21m	61,94m 71,41%
2 Ras, Peter	M54 GNMA	31,98m	37,94m 43,74%
3 Ras, Gerald	M51 GNMA	30,87m	36,62m 42,22%
4 Slement, Andrew	M52 GNMA	30,07m	35,67m 41,13%
5 Du Toit, Izak (Bul)	M51 Central North West	24,60m	29,18m 33,65%

**M55 Hammer Throw**

Name	Age Team	Finals	Age-Grading
1 Haupt, Burton	M55 GNMA	50,19m	65,97m 76,06%
2 Aggouras, Nick	M59 GNMA	40,95m	53,82m 62,05%
3 Bezuidenhout, Vic	M55 GNMA	36,52m	48,00m 55,34%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M55 Hammer Throw**

4 Roux, Eric	M55 Bolma	29,74m	39,09m	45,07%
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**M60 Hammer Throw**

Name	Age Team	Finals	Age-Grading	
1 Wale, Anton	M64 WPA	33,86m	44,29m	51,07%
2 Ferreira, Frik	M61 GNMA	23,36m	30,55m	35,23%

**M65 Hammer Throw**

Name	Age Team	Finals	Age-Grading	
1 Erasmus, Nick	M66 Bolma	27,87m	40,84m	47,09%
2 Smit, Christiaan	M65 AFS	21,60m	31,65m	36,50%

**M70 Hammer Throw**

Name	Age Team	Finals	Age-Grading	
1 Human, Nic	M72 Epma	28,89m	41,95m	48,38%

**M75 Hammer Throw**

Name	Age Team	Finals	Age-Grading	
1 Heunis, David	M75 SWD	30,21m	49,81m	57,43%
2 Johnston, Steve	M78 WPA	29,51m	48,66m	56,10%

**M80 Hammer Throw**

Name	Age Team	Finals	Age-Grading	
1 Rzepecki, Andrzej	M80 KZN	40,69m	75,90m	87,51%
2 Stoltz, Jan	M80 GNMA	26,48m	49,39m	56,95%

**M85 Hammer Throw**

Name	Age Team	Finals	Age-Grading	
1 Stannius, Borg	M89 WPA	24,92m	55,35m	63,82%

**W30 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Van Vreden, Linda	W31 CGMA	45,94m	45,94m	62,93%
2 Koch, Santie	W34 GNMA	26,31m	26,31m	36,04%

**W35 Javelin Throw**

Name	Age Team	Finals	Age-Grading	
1 Compion, Maria	W36 WPA	24,85m	26,39m	36,16%
2 Fourie, Christine	W37 GNMA	19,55m	20,76m	28,44%
3 Kleynhans, Christa	W37 GNMA	16,94m	17,99m	24,65%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Blaauw, Anja	W43 GNMA	30,13m	34,57m 47,36%
2 Marx, Thea	W41 Epma	19,94m	22,88m 31,34%
3 Kruger, Sanet	W40 WPA	16,57m	19,01m 26,05%

**W45 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Cilliers, Angela	W48 KZN	19,89m	24,82m 34,00%

**W50 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Knobel, Heleen	W51 SWD	34,17m	44,92m 61,53%
2 Carstens, Yolanda	W51 Australia	29,93m	39,34m 53,90%
3 Flynn, Judy	W51 GNMA	22,70m	29,84m 40,88%
4 Basson, Jaqueline	W54 WPA	21,86m	28,73m 39,37%
5 Hennop, Ansie	W54 GNMA	19,81m	26,04m 35,67%

**W55 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Pietersen, Alet	W56 Epma	26,23m	37,98m 52,03%
2 Coetzee, Louise	W56 GNMA	24,86m	36,00m 49,32%
3 Gouws, Makkie	W55 GNMA	20,04m	29,02m 39,75%
4 Dramat, Farieda	W58 WPA	15,54m	22,50m 30,83%

**W60 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Van Dyk, Annette	W62 Namibia	20,83m	33,57m 45,99%
2 Erasmus, Zelda	W64 Bolma	19,15m	30,86m 42,28%
3 Du Plessis, Agatha-Lee	W61 GNMA	14,03m	22,61m 30,98%

**W65 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Ferreira, Mercia	W68 CGMA	18,43m	33,48m 45,88%
2 Van Eck, Suzi	W67 GNMA	13,37m	24,29m 33,28%

**W85 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Ackermann, Aletta	W86 WPA	7,65m	25,62m 35,11%

**M35 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Potgieter, Bertus	M36 WPA	52,50m	53,16m 53,98%
2 Tustin, Andre	M38 GNMA	41,66m	42,18m 42,84%
3 Moolman, Wessel	M39 KZN	40,10m	40,60m 41,23%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M35 Javelin Throw**

4 Van Zyl, Smit	M38	GNMA	37,75m	38,22m	38,82%
5 Moolman, Huibertu	M36	KZN	33,80m	34,22m	34,76%
6 Botha, Bennie	M38	CGMA	27,86m	28,21m	28,65%

**M40 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Potgieter, Dirk	M44	Namibia	44,68m	48,53m	49,28%
2 Nell, Darelle	M44	Epma	34,08m	37,01m	37,59%
3 Slabbert, Morne	M41	Nwna	32,31m	35,09m	35,64%

**M45 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Pauer, Wilhelm	M49	CGMA	58,11m	68,08m	69,13%
2 Cronje, Jacques	M48	Bolma	54,24m	63,54m	64,53%
3 Bond, Gavin	M45	GNMA	49,68m	58,20m	59,10%
4 Du Bruyn, Japie	M48	WPA	42,93m	50,29m	51,07%

**M50 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Slement, Andrew	M52	GNMA	36,53m	44,85m	45,54%
2 Dorfling, Theo	M53	Epma	32,40m	39,78m	40,39%
3 Van Wyk, Zaggeus	M53	Bolma	27,51m	33,77m	34,30%

**M55 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Bezuidenhout, Vic	M55	GNMA	42,29m	56,58m	57,46%
2 Lamara, Zain	M56	WPA	36,37m	48,66m	49,42%
3 Aspelng, John	M56	SWD	34,39m	46,01m	46,73%
4 Roux, Eric	M55	Bolma	31,19m	41,73m	42,38%
5 Smith, Anthony	M59	Bolma	26,85m	35,92m	36,48%

**M60 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Ferreira, Frik	M61	GNMA	36,41m	51,48m	52,28%
2 Wale, Anton	M64	WPA	32,18m	45,50m	46,20%

**M65 Javelin Throw**

Name	Age	Team	Finals	Age-Grading	
1 Hough, Norman	M69	Bolma	34,20m	53,42m	54,24%
2 Potgieter, Wynand	M66	CGMA	34,08m	53,23m	54,05%
3 Miller, Garth	M68	WPA	29,31m	45,78m	46,49%
4 Erasmus, Nick	M66	Bolma	25,58m	39,95m	40,57%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M70 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Human, Nic	M72 Epma	27,79m	46,68m 47,41%

**M75 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Johnston, Steve	M78 WPA	21,55m	40,79m 41,43%

**M80 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Rzepecki, Andrzej	M80 KZN	25,98m	54,43m 55,28%
2 Stoltz, Jan	M80 GNMA	20,74m	43,45m 44,13%
3 Benning, Leo	M83 Bolma	18,27m	38,27m 38,87%

**M85 Javelin Throw**

Name	Age Team	Finals	Age-Grading
1 Stannius, Borg	M89 WPA	18,24m	44,46m 45,15%

**W30 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Snyman, Karin	W32 GNMA	16,55m	16,55m 70,13%
2 Koch, Santie	W34 GNMA	10,13m	10,13m 42,92%

**W35 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Compion, Maria	W36 WPA	8,47m	9,25m 39,19%
2 Fourie, Christine	W37 GNMA	7,40m	8,08m 34,24%
3 Kleynhans, Christa	W37 GNMA	7,11m	7,76m 32,90%

**W40 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Coetzee, Marilize	W40 WPA	12,82m	15,19m 64,39%
2 Marx, Thea	W41 Epma	11,26m	13,34m 56,55%
3 Van Zyl, Anerett	W42 GNMA	9,61m	11,38m 48,27%
4 Strauss, Michelle	W42 GNMA	9,12m	10,80m 45,81%
5 Kruger, Sanet	W40 WPA	8,64m	10,24m 43,40%

**W45 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Louw, Marisa	W47 Epma	10,74m	13,91m 58,95%
2 Cilliers, Angela	W48 KZN	9,31m	12,06m 51,10%
3 Gerber, Amanda	W46 Epma	7,79m	10,09m 42,76%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Knobel, Heleen	W51 SWD	14,38m	17,00m 72,04%
2 Flynn, Judy	W51 GNMA	9,82m	11,60m 49,20%
3 Hennop, Ansie	W54 GNMA	9,26m	10,94m 46,39%
4 Rawlins, Valery-Ann	W54 KZN	4,81m	5,68m 24,10%

**W55 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Bowers, Cecelia	W55 Bolma	8,99m	11,61m 49,21%
2 Nel, Monica	W59 Bolma	8,23m	10,63m 45,05%
3 Coetzee, Louise	W56 GNMA	8,05m	10,39m 44,06%
4 Dramat, Farieda	W58 WPA	6,09m	7,86m 33,33%

**W60 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Erasmus, Zelda	W64 Bolma	10,57m	12,79m 54,23%

**W65 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Ferreira, Mercia	W68 CGMA	9,67m	12,82m 54,33%
2 Durant, Marita	W66 SWD	9,36m	12,41m 52,58%
3 Van Eck, Suzi	W67 GNMA	9,23m	12,23m 51,85%

**W75 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Bellingan, Julie	W78 Namibia	7,30m	10,18m 43,17%

**M35 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Bekker, Kristiaan	M36 CGMA	12,85m	13,11m 50,69%
2 Wiener, Shukri	M35 WPA	12,39m	12,64m 48,88%
3 Van Zyl, Smit	M38 GNMA	10,56m	10,77m 41,66%
4 Botha, Bennie	M38 CGMA	9,65m	9,84m 38,07%

**M40 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Potgieter, Dirk	M44 Namibia	10,42m	11,35m 43,91%
2 Slabbert, Morne	M41 Nwna	7,69m	8,38m 32,41%
3 Pena, David	M41 WPA	7,65m	8,33m 32,24%

**M45 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Venter, Martin	M46 GNMA	16,03m	18,75m 72,50%
2 Swanepoel, Jan	M46 GNMA	13,17m	15,40m 59,57%



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M45 Weight Throw**

3 Labuschagne, Johan	M45 KZN	11,20m	13,10m	50,66%
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**M50 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Meiring, Vincent	M52 ECMA	19,45m	20,39m 78,87%
2 Du Toit, Izak (Bul)	M51 Central North West	11,12m	11,66m 45,09%

**M55 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Haupt, Burton	M55 GNMA	17,85m	20,03m 77,47%
2 Aggouras, Nick	M59 GNMA	17,48m	19,62m 75,87%
3 Bezuidenhout, Vic	M55 GNMA	14,57m	16,35m 63,24%
4 Roux, Eric	M55 Bolma	13,67m	15,34m 59,33%

**M60 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Ferreira, Frik	M61 GNMA	12,49m	13,01m 50,34%
2 Wale, Anton	M64 WPA	10,78m	11,23m 43,45%

**M65 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Erasmus, Nick	M66 Bolma	11,83m	13,19m 51,01%

**M70 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Human, Nic	M72 Epma	14,77m	16,84m 65,15%

**M75 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Johnston, Steve	M78 WPA	12,34m	15,16m 58,62%

**M80 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Rzepecki, Andrzej	M80 KZN	19,32m	25,19m 97,43%

**M85 Weight Throw**

Name	Age Team	Finals	Age-Grading
1 Stannius, Borg	M89 WPA	9,53m	13,77m 53,27%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 100 Meter Sprint Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Venter, Jannie	M41 Epma	12,31	0.7	11,80 83,02%	691
2 Van Zyl, Dana	M43 WPA	12,57	0.7	12,04 81,30%	643
3 Pool, Arne	M44 WPA	13,25	0.7	12,70 77,13%	520

**M45 100 Meter Sprint Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Blaauw, David	M45 GNMA	13,43	0.7	12,48 78,48%	560
2 Scheepers, Anton	M48 GNMA	13,60	0.7	12,64 77,50%	531
3 Lombard, Bertus	M48 GNMA	14,26	0.7	13,25 73,91%	426

**M50 100 Meter Sprint Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Van Wyk, Zaggeus	M53 Bolma	14,34	0.7	12,91 75,87%	483

**M60 100 Meter Sprint Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	14,29	0.7	12,03 81,46%	645

**W30 200 Meter Sprint Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Van Der Merwe, Shona	W30 GNMA	28,99	NWI	29,00 73,61%	554

**W35 200 Meter Sprint Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Anderson, Elane	W37 GNMA	29,14	NWI	28,28 75,50%	609

**W40 200 Meter Sprint Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ebersohn, Cornelia	W43 GNMA	29,83	NWI	27,87 76,57%	641
2 Strydom, Ida-Marie	W41 GNMA	29,91	NWI	27,95 76,36%	635
3 Blaauw, Anja	W43 GNMA	32,59	NWI	30,45 70,08%	451

**W65 200 Meter Sprint Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Claassen, Stephanie	W65 GNMA	35,78	NWI	26,99 79,07%	713

**M40 400 Meter Sprint Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Jannie	M41 Epma	57,12	53,44 80,81%	663
2 Van Zyl, Dana	M43 WPA	59,20	55,38 77,97%	584
3 Pool, Arne	M44 WPA	1:12,53	1:07,85 63,64%	186

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M45 400 Meter Sprint Decathlon**

Name	Age Team	Finals	Age-Grading H#	Points
1 Scheepers, Anton	M48 GNMA	59,70	54,06 79,88%	2 637
2 Blaauw, David	M45 GNMA	1:06,89	1:00,57 71,30%	2 394
3 Lombard, Bertus	M48 GNMA	1:22,64	1:14,83 57,71%	2 54

**M50 400 Meter Sprint Decathlon**

Name	Age Team	Finals	Age-Grading H#	Points
1 Van Wyk, Zaggeus	M53 Bolma	1:13,86	1:04,66 66,79%	2 268

**M60 400 Meter Sprint Decathlon**

Name	Age Team	Finals	Age-Grading H#	Points
1 Rudd, Philip	M61 CGMA	1:04,19	52,35 82,51%	2 709

**W30 800 Meter Run Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Van Der Merwe, Shona	W30 GNMA	2:38,35 2:38,36 71,54%	592

**W35 800 Meter Run Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Anderson, Elane	W37 GNMA	2:53,26 2:52,42 65,70%	439

**W40 800 Meter Run Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Ebersohn, Cornelia	W43 GNMA	2:55,52 2:47,40 67,67%	491
2 Strydom, Ida-Marie	W41 GNMA	2:55,80 2:47,67 67,57%	488
3 Blaauw, Anja	W43 GNMA	3:54,35 3:43,50 50,68%	69

**W65 800 Meter Run Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Claassen, Stephanie	W65 GNMA	3:35,90 2:38,52 71,46%	590

**M40 1500 Meter Run Decathlon**

Name	Age Team	Finals	Age-Grading Points
1 Venter, Jannie	M41 Epma	5:05,85 4:51,14 70,76%	612
2 Van Zyl, Dana	M43 WPA	5:22,22 5:06,73 67,16%	522
-- Pool, Arne	M44 WPA	DNF	

**M45 1500 Meter Run Decathlon**

Name	Age Team	Finals	Age-Grading Points
1 Blaauw, David	M45 GNMA	6:24,56 5:50,92 58,70%	302
2 Lombard, Bertus	M48 GNMA	7:43,47 7:02,92 48,71%	66

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 1500 Meter Run Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Wyk, Zaggeus	M53 Bolma	7:11,01	6:16,32 54,74%	201

**M60 1500 Meter Run Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	5:33,64	4:24,88 77,77%	779

**W30 100 Short Hurdles Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Van Der Merwe, Shona	W30 GNMA	18,32	NWI	18,33 66,65%	455

**W35 100 Short Hurdles Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Anderson, Elane	W37 GNMA	18,87	NWI	18,60 65,66%	428

**W40 100 Short Hurdles Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ebersohn, Cornelia	W43 GNMA	13,75	NWI	16,28 75,05%	680
2 Strydom, Ida-Marie	W41 GNMA	15,45	NWI	18,29 66,80%	459
3 Blaauw, Anja	W43 GNMA	17,20	NWI	20,36 60,00%	273

**W65 100 Short Hurdles Heptathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Claassen, Stephanie	W65 GNMA	17,21	NWI	15,50 78,79%	777

**M40 100 Short Hurdles Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Venter, Jannie	M41 Epma	17,86	NWI	17,02 75,87%	622
2 Van Zyl, Dana	M43 WPA	18,18	NWI	17,32 74,53%	591
3 Pool, Arne	M44 WPA	21,12	NWI	20,12 64,16%	340

**M45 100 Short Hurdles Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Blaauw, David	M45 GNMA	21,25	NWI	19,45 66,40%	394
2 Lombard, Bertus	M48 GNMA	30,11	NWI	27,56 46,86%	5

**M50 100 Short Hurdles Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
-- Van Wyk, Zaggeus	M53 Bolma	DNF	NWI		

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**M60 100 Short Hurdles Decathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	20,33	NWI	18,33 70,49%	493

**W30 High Jump Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Der Merwe, Shona	W30 GNMA	1,40m	1,40m 66,99%	512

**W35 High Jump Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Anderson, Elane	W37 GNMA	1,27m	1,33m 63,82%	439

**W40 High Jump Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ebersohn, Cornelia	W43 GNMA	1,60m	1,76m 84,66%	928
2 Strydom, Ida-Marie	W41 GNMA	1,27m	1,40m 67,20%	512
3 Blaauw, Anja	W43 GNMA	1,03m	1,13m 54,50%	248

**W65 High Jump Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Claassen, Stephanie	W65 GNMA	1,06m	1,55m 74,65%	678

**M40 High Jump Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Zyl, Dana	M43 WPA	1,63m	1,70m 69,66%	544
2 Venter, Jannie	M41 Epma	1,50m	1,57m 64,10%	441
3 Pool, Arne	M44 WPA	1,45m	1,52m 61,97%	404

**M45 High Jump Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Scheepers, Anton	M48 GNMA	1,56m	1,71m 70,27%	552
2 Lombard, Bertus	M48 GNMA	1,50m	1,65m 67,57%	504
3 Blaauw, David	M45 GNMA	1,40m	1,54m 63,06%	419

**M50 High Jump Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Wyk, Zaggeus	M53 Bolma	1,10m	1,27m 52,13%	231

**M60 High Jump Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	1,30m	1,69m 69,15%	536

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## M40 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Van Zyl, Dana	M43 WPA	2,60m	2,80m 45,61%	309
2 Venter, Jannie	M41 Epma	2,40m	2,58m 42,11%	259
-- Pool, Arne	M44 WPA	DNF		

## M45 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Blaauw, David	M45 GNMA	2,20m	2,52m 41,12%	246
2 Lombard, Bertus	M48 GNMA	1,80m	2,06m 33,64%	151

## M50 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
-- Van Wyk, Zaggeus	M53 Bolma	DNF		

## M60 Pole Vault Decathlon

Name	Age Team	Finals	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	2,50m	3,55m 58,00%	496

## W30 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Van Der Merwe, Shona	W30 GNMA	4,62m	NWI	4,62m 61,44%	459

## W35 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Anderson, Elane	W37 GNMA	4,15m	NWI	4,35m 57,96%	391

## W40 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Ebersohn, Cornelia	W43 GNMA	4,99m	NWI	5,53m 73,71%	709
2 Strydom, Ida-Marie	W41 GNMA	4,70m	NWI	5,21m 69,42%	617
3 Blaauw, Anja	W43 GNMA	3,52m	NWI	3,90m 51,99%	285

## W65 Long Jump Heptathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Claassen, Stephanie	W65 GNMA	3,53m	NWI	5,49m 73,08%	697

## M40 Long Jump Decathlon

Name	Age Team	Finals	Wind	Age-Grading	Points
1 Venter, Jannie	M41 Epma	5,76m	1.1	6,27m 70,16%	646
2 Van Zyl, Dana	M43 WPA	5,49m	0.2	5,98m 66,87%	582
3 Pool, Arne	M44 WPA	5,09m	-0.2	5,54m 62,00%	490

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**M45 Long Jump Decathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 Lombard, Bertus	M48 GNMA	4,60m	0.8	5,31m 59,35% 443
2 Blaauw, David	M45 GNMA	4,58m	+0.0	5,29m 59,10% 439
3 Scheepers, Anton	M48 GNMA	3,90m	-0.2	4,50m 50,32% 290

**M50 Long Jump Decathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 Van Wyk, Zaggeus	M53 Bolma	3,94m	-0.2	4,84m 54,12% 352

**M60 Long Jump Decathlon**

Name	Age Team	Finals	Wind	Age-Grading Points
1 Rudd, Philip	M61 CGMA	4,21m	0.5	5,92m 66,19% 569

**W30 Shot Put Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Van Der Merwe, Shona	W30 GNMA	8,13m 8,13m	35,93% 408

**W30 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading Points
1 Snyman, Karin	W32 GNMA	12,00m 12,00m	53,03% 661
2 Van Vreden, Linda	W31 CGMA	11,02m 11,02m	48,70% 596
3 Koch, Santie	W34 GNMA	9,98m 9,98m	44,10% 528
4 Hattingh, Olive	W30 WPA	5,72m 5,72m	25,28% 254

**W35 Shot Put Heptathlon**

Name	Age Team	Finals	Age-Grading Points
1 Anderson, Elane	W37 GNMA	7,61m 7,89m	34,86% 392

**W35 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading Points
1 Compion, Maria	W36 WPA	9,83m 10,19m	45,03% 542
2 Fourie, Christine	W37 GNMA	7,16m 7,42m	32,80% 362

**W40 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading Points
1 Coetzee, Marilize	W40 WPA	10,24m 11,36m	50,22% 619
2 Strauss, Michelle	W42 GNMA	9,31m 10,33m	45,66% 551
3 Marx, Thea	W41 Epma	9,19m 10,20m	45,07% 543
4 Kruger, Sanet	W40 WPA	9,05m 10,04m	44,38% 532
5 Van Zyl, Anerett	W42 GNMA	8,90m 9,87m	43,65% 521

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W40 Shot Put Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ebersohn, Cornelia	W43 GNMA	8,81m	9,77m 43,21%	514
2 Blaauw, Anja	W43 GNMA	8,54m	9,47m 41,88%	495
3 Strydom, Ida-Marie	W41 GNMA	7,57m	8,40m 37,13%	425

**W45 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Cilliers, Angela	W48 KZN	9,72m	11,60m 51,29%	635
2 Louw, Marisa	W47 Epma	8,07m	9,63m 42,59%	505
3 Gerber, Amanda	W46 Epma	6,93m	8,27m 36,57%	417

**W50 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W51 SWD	10,29m	12,97m 57,33%	725
2 Hennop, Ansie	W54 GNMA	9,02m	11,37m 50,25%	619
3 Flynn, Judy	W51 GNMA	8,92m	11,24m 49,69%	611
4 Rawlins, Valery-Ann	W54 KZN	5,27m	6,64m 29,36%	312

**W55 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Dramat, Farieda	W58 WPA	8,42m	11,54m 51,00%	631
2 Coetzee, Louise	W56 GNMA	7,60m	10,41m 46,03%	556
3 Nel, Monica	W59 Bolma	7,57m	10,37m 45,85%	554
4 Bowers, Cecelia	W55 Bolma	7,44m	10,19m 45,06%	542
5 Claassen, Zelda	W57 CGMA	6,93m	9,49m 41,97%	496

**W60 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Zelda	W64 Bolma	8,24m	12,37m 54,68%	686
2 Stofberg, Tertia	W63 WPA	7,28m	10,93m 48,31%	591
3 Van Dyk, Annette	W62 Namibia	7,14m	10,72m 47,38%	577

**W65 Shot Put Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Claassen, Stephanie	W65 GNMA	8,33m	13,82m 61,12%	782

**W65 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ferreira, Mercia	W68 CGMA	8,37m	13,89m 61,41%	787
2 Durant, Marita	W66 SWD	6,74m	11,18m 49,45%	607
3 Van Eck, Suzi	W67 GNMA	6,28m	10,42m 46,07%	557
4 Du Toit, Aletta	W65 WPA	5,91m	9,81m 43,36%	517



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W70 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Grobbelaar, Elize	W71 WPA	5,82m	10,80m 47,74%	582

**M35 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Vreden, Hendrik-Juan	M35 CGMA	11,70m	12,13m 52,49%	614
2 Van Zyl, Smit	M38 GNMA	11,54m	11,96m 51,77%	604
3 Wiener, Shukri	M35 WPA	11,19m	11,60m 50,20%	582
4 Botha, Bennie	M38 CGMA	8,45m	8,76m 37,91%	411
5 Jonck, Riaan	M39 WPA	7,25m	7,51m 32,53%	337

**M40 Shot Put Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Pool, Arne	M44 WPA	8,60m	9,57m 41,43%	460
2 Venter, Jannie	M41 Epma	8,59m	9,56m 41,38%	459
3 Van Zyl, Dana	M43 WPA	7,96m	8,86m 38,34%	417

**M40 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Plews, Martin	M44 GNMA	11,89m	13,24m 57,27%	682
2 Potgieter, Dirk	M44 Namibia	11,70m	13,03m 56,36%	669
3 Slabbert, Morne	M41 Nwna	9,05m	10,07m 43,59%	490
4 Roode, Eurard	M43 CGMA	8,83m	9,83m 42,53%	475

**M45 Shot Put Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Blaauw, David	M45 GNMA	11,09m	13,33m 57,67%	687
2 Lombard, Bertus	M48 GNMA	8,44m	10,14m 43,89%	494
3 Scheepers, Anton	M48 GNMA	7,77m	9,34m 40,41%	446

**M45 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Labuschagne, Johan	M45 KZN	13,07m	15,71m 67,97%	833
2 Venter, Martin	M46 GNMA	12,88m	15,48m 66,98%	819
3 Watson, Rowan	M47 GNMA	12,71m	15,28m 66,09%	807
4 Swanepoel, Jan	M46 GNMA	12,43m	14,94m 64,64%	786

**M50 Shot Put Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Wyk, Zaggeus	M53 Bolma	8,23m	9,64m 41,71%	464

**M50 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Slement, Andrew	M52 GNMA	11,29m	13,23m 57,22%	681

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M50 Shot Put Throws Pentathlon**

2 Ras, Gerald	M51 GNMA		9,82m	11,51m	49,77%	577
3 Du Toit, Izak (Bul)	M51 Central North West		9,26m	10,85m	46,93%	537
4 Ras, Peter	M54 GNMA		9,10m	10,66m	46,12%	525

**M55 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M55 GNMA	15,34m	19,49m 84,29%	1068
2 Bezuidenhout, Vic	M55 GNMA	11,59m	14,72m 63,68%	772
3 Lamara, Zain	M56 WPA	10,87m	13,81m 59,73%	717
4 Roux, Eric	M55 Bolma	9,82m	12,47m 53,96%	635

**M60 Shot Put Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	8,32m	10,38m 44,92%	508

**M60 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wale, Anton	M64 WPA	11,55m	14,41m 62,37%	753
2 Ferreira, Frik	M61 GNMA	10,34m	12,90m 55,83%	661

**M65 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Nick	M66 Bolma	10,30m	14,01m 60,62%	729

**M70 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Human, Nic	M72 Epma	10,61m	13,58m 58,78%	703

**M75 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Johnston, Steve	M78 WPA	9,06m	12,67m 54,84%	647

**M80 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rzepecki, Andrzej	M80 KZN	11,01m	16,57m 71,68%	886
2 Stoltz, Jan	M80 GNMA	8,54m	12,85m 55,60%	658

**M85 Shot Put Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Stannius, Borg	M89 WPA	9,76m	16,46m 71,19%	880

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## W30 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Van Vreden, Linda	W31 CGMA	33,13m	33,13m 43,14%	522
2 Snyman, Karin	W32 GNMA	26,71m	26,71m 34,78%	401
3 Koch, Santie	W34 GNMA	26,27m	26,27m 34,21%	393
4 Hattingh, Olive	W30 WPA	15,85m	15,85m 20,64%	204

## W35 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Compion, Maria	W36 WPA	24,13m	25,01m 32,58%	369
2 Fourie, Christine	W37 GNMA	21,42m	22,20m 28,92%	318

## W40 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Kruger, Sanet	W40 WPA	31,37m	34,97m 45,54%	557
2 Marx, Thea	W41 Epma	30,05m	33,50m 43,63%	529
3 Coetzee, Marilize	W40 WPA	23,40m	26,09m 33,97%	389
4 Strauss, Michelle	W42 GNMA	22,54m	25,13m 32,72%	371
5 Van Zyl, Anerett	W42 GNMA	16,84m	18,77m 24,45%	256

## W45 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Cilliers, Angela	W48 KZN	26,92m	32,46m 42,27%	509
2 Louw, Marisa	W47 Epma	25,46m	30,69m 39,97%	475
3 Gerber, Amanda	W46 Epma	15,27m	18,41m 23,98%	249

## W50 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W51 SWD	32,05m	42,07m 54,79%	695
2 Hennop, Ansie	W54 GNMA	24,67m	32,38m 42,17%	507
3 Flynn, Judy	W51 GNMA	22,78m	29,90m 38,94%	461
4 Rawlins, Valery-Ann	W54 KZN	11,98m	15,72m 20,48%	202

## W55 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Louise	W56 GNMA	20,38m	29,36m 38,23%	450
2 Nel, Monica	W59 Bolma	18,56m	26,73m 34,82%	401
3 Dramat, Farieda	W58 WPA	17,83m	25,68m 33,45%	382
4 Claassen, Zelda	W57 CGMA	15,68m	22,59m 29,41%	325
5 Bowers, Cecelia	W55 Bolma	15,00m	21,61m 28,14%	307

## W60 Discus Throw Throws Pentathlon

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Zelda	W64 Bolma	19,13m	30,53m 39,75%	472
2 Van Dyk, Annette	W62 Namibia	16,89m	26,95m 35,10%	405
3 Stofberg, Tertia	W63 WPA	16,37m	26,12m 34,02%	390

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W65 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ferreira, Mercia	W68 CGMA	19,85m	35,58m 46,34%	569
2 Durant, Marita	W66 SWD	17,83m	31,96m 41,62%	500
3 Van Eck, Suzi	W67 GNMA	16,68m	29,90m 38,94%	461
4 Du Toit, Aletta	W65 WPA	11,67m	20,92m 27,24%	294

**W70 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Grobbelaar, Elize	W71 WPA	13,93m	28,61m 37,26%	436

**M35 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wiener, Shukri	M35 WPA	32,45m	32,91m 44,43%	522
2 Van Zyl, Smit	M38 GNMA	32,23m	32,69m 44,13%	518
3 Van Vreden, Hendrik-Juan	M35 CGMA	28,26m	28,66m 38,69%	438
4 Botha, Bennie	M38 CGMA	24,75m	25,10m 33,89%	369
5 Jonck, Riaan	M39 WPA	23,67m	24,00m 32,41%	348

**M40 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Potgieter, Dirk	M44 Namibia	33,10m	36,45m 49,21%	593
2 Plews, Martin	M44 GNMA	32,30m	35,57m 48,02%	575
3 Roode, Eurard	M43 CGMA	28,67m	31,57m 42,63%	495
4 Slabbert, Morne	M41 Nwna	23,11m	25,45m 34,36%	376

**M40 Discus Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Pool, Arne	M44 WPA	26,76m	29,47m 39,79%	454
2 Van Zyl, Dana	M43 WPA	23,13m	25,47m 34,39%	376
3 Venter, Jannie	M41 Epma	22,58m	24,86m 33,57%	364

**M45 Discus Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Blaauw, David	M45 GNMA	27,41m	33,02m 44,58%	524
2 Lombard, Bertus	M48 GNMA	21,95m	26,44m 35,70%	395

**M45 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Swanepoel, Jan	M46 GNMA	45,88m	55,28m 74,63%	981
2 Watson, Rowan	M47 GNMA	38,78m	46,72m 63,08%	802
3 Venter, Martin	M46 GNMA	36,32m	43,76m 59,08%	741
4 Labuschagne, Johan	M45 KZN	32,50m	39,15m 52,86%	647

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Discus Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Wyk, Zaggeus	M53 Bolma	19,48m	19,90m 26,87%	270

**M50 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Slement, Andrew	M52 GNMA	37,05m	37,85m 51,10%	621
2 Ras, Gerald	M51 GNMA	29,44m	30,08m 40,61%	466
3 Ras, Peter	M54 GNMA	27,98m	28,58m 38,59%	437
4 Du Toit, Izak (Bul)	M51 Central North West	20,55m	20,99m 28,34%	291

**M55 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M55 GNMA	51,65m	57,34m 77,41%	1024
2 Bezuidenhout, Vic	M55 GNMA	35,80m	39,74m 53,66%	659
3 Roux, Eric	M55 Bolma	31,95m	35,47m 47,89%	573
4 Lamara, Zain	M56 WPA	25,56m	28,37m 38,31%	432

**M60 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wale, Anton	M64 WPA	38,22m	40,62m 54,84%	677
2 Ferreira, Frik	M61 GNMA	32,92m	34,98m 47,23%	563

**M60 Discus Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	29,36m	31,20m 42,12%	488

**M65 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Nick	M66 Bolma	31,79m	36,99m 49,94%	604

**M70 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Human, Nic	M72 Epma	32,39m	41,39m 55,88%	693

**M75 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Johnston, Steve	M78 WPA	26,92m	38,58m 52,08%	636

**M80 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rzepecki, Andrzej	M80 KZN	27,30m	44,88m 60,59%	764
2 Stoltz, Jan	M80 GNMA	22,67m	37,27m 50,31%	609

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M85 Discus Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Stannius, Borg	M89 WPA	20,18m	39,36m 53,15%	652

**W30 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Snyman, Karin	W32 GNMA	41,18m	41,18m 53,48%	737
2 Koch, Santie	W34 GNMA	28,61m	28,61m 37,16%	463
3 Van Vreden, Linda	W31 CGMA	25,12m	25,12m 32,62%	388
4 Hattinigh, Olive	W30 WPA	15,17m	15,17m 19,70%	179

**W35 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Compion, Maria	W36 WPA	24,30m	26,58m 34,53%	420
2 Fourie, Christine	W37 GNMA	20,69m	22,63m 29,40%	335

**W40 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Marilize	W40 WPA	38,02m	44,72m 58,08%	815
2 Marx, Thea	W41 Epma	33,91m	39,88m 51,80%	708
3 Van Zyl, Anerett	W42 GNMA	23,40m	27,52m 35,75%	440
4 Kruger, Sanet	W40 WPA	22,92m	26,96m 35,01%	428
5 Strauss, Michelle	W42 GNMA	20,02m	23,54m 30,58%	355

**W45 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Louw, Marisa	W47 Epma	35,57m	45,23m 58,74%	826
2 Cilliers, Angela	W48 KZN	24,80m	31,53m 40,96%	526
3 Gerber, Amanda	W46 Epma	23,55m	29,94m 38,89%	492

**W50 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W51 SWD	42,21m	54,18m 70,37%	1026
2 Hennop, Ansie	W54 GNMA	29,77m	38,21m 49,63%	672
3 Flynn, Judy	W51 GNMA	24,81m	31,85m 41,36%	533
4 Rawlins, Valery-Ann	W54 KZN	15,58m	20,00m 25,98%	280

**W55 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bowers, Cecelia	W55 Bolma	26,06m	36,44m 47,33%	633
2 Claassen, Zelda	W57 CGMA	24,67m	34,49m 44,81%	591
3 Coetzee, Louise	W56 GNMA	20,27m	28,34m 36,81%	457
4 Dramat, Farieda	W58 WPA	19,64m	27,46m 35,67%	438
5 Nel, Monica	W59 Bolma	16,62m	23,24m 30,19%	348

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Zelda	W64 Bolma	24,22m	37,18m 48,30%	649
2 Stofberg, Tertia	W63 WPA	22,42m	34,42m 44,71%	589
3 Van Dyk, Annette	W62 Namibia	16,56m	25,42m 33,02%	395

**W65 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Durant, Marita	W66 SWD	20,47m	34,87m 45,30%	599
2 Ferreira, Mercia	W68 CGMA	20,21m	34,43m 44,72%	589
3 Van Eck, Suzi	W67 GNMA	18,78m	31,99m 41,56%	536
4 Du Toit, Aletta	W65 WPA	18,48m	31,48m 40,89%	525

**W70 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Grobbelaar, Elize	W71 WPA	22,10m	42,34m 54,99%	763

**M35 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Vreden, Hendrik-Juan	M35 CGMA	31,37m	32,31m 37,25%	388
2 Van Zyl, Smit	M38 GNMA	27,95m	28,78m 33,19%	331
3 Wiener, Shukri	M35 WPA	27,89m	28,72m 33,12%	330
4 Botha, Bennie	M38 CGMA	27,00m	27,81m 32,06%	315
5 Jonck, Riaan	M39 WPA	15,40m	15,86m 18,29%	128

**M40 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Roode, Eurard	M43 CGMA	27,47m	30,90m 35,63%	365
2 Plews, Martin	M44 GNMA	26,89m	30,25m 34,88%	354
3 Potgieter, Dirk	M44 Namibia	26,25m	29,53m 34,05%	343
4 Slabbert, Morne	M41 Nwna	21,29m	23,95m 27,62%	254

**M45 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M46 GNMA	47,36m	58,71m 67,69%	821
2 Labuschagne, Johan	M45 KZN	38,11m	47,24m 54,47%	631
3 Swanepoel, Jan	M46 GNMA	31,20m	38,67m 44,59%	491
4 Watson, Rowan	M47 GNMA	29,31m	36,33m 41,89%	453

**M50 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ras, Peter	M54 GNMA	33,67m	39,94m 46,05%	511
2 Slement, Andrew	M52 GNMA	31,14m	36,94m 42,59%	462
3 Ras, Gerald	M51 GNMA	28,32m	33,59m 38,74%	408
4 Du Toit, Izak (Bul)	M51 Central North West	25,64m	30,41m 35,07%	357

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M55 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M55 GNMA	50,35m	66,18m 76,30%	946
2 Bezuidenhout, Vic	M55 GNMA	36,31m	47,72m 55,02%	639
3 Roux, Eric	M55 Bolma	32,64m	42,90m 49,46%	560
4 Lamara, Zain	M56 WPA	31,70m	41,66m 48,04%	539

**M60 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wale, Anton	M64 WPA	32,22m	42,15m 48,60%	547
2 Ferreira, Frik	M61 GNMA	29,54m	38,64m 44,56%	490

**M65 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Nick	M66 Bolma	28,36m	41,56m 47,92%	538

**M70 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Human, Nic	M72 Epma	27,50m	39,94m 46,05%	511

**M75 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Johnston, Steve	M78 WPA	26,42m	43,56m 50,23%	570

**M80 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rzepecki, Andrzej	M80 KZN	41,83m	78,02m 89,96%	1146
2 Stoltz, Jan	M80 GNMA	28,04m	52,30m 60,30%	715

**M85 Hammer Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Stannius, Borg	M89 WPA	23,95m	53,19m 61,33%	729

**W30 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Vreden, Linda	W31 CGMA	42,69m	42,69m 58,48%	719
2 Snyman, Karin	W32 GNMA	28,57m	28,57m 39,14%	450
3 Koch, Santie	W34 GNMA	22,43m	22,43m 30,73%	334
4 Hattingh, Olive	W30 WPA	11,25m	11,25m 15,41%	129

**W30 Javelin Throw Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Der Merwe, Shona	W30 GNMA	25,47m	25,47m 34,89%	391



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Javelin Throw Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Anderson, Elane	W37 GNMA	22,53m	23,92m 32,78%	362

**W35 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Compion, Maria	W36 WPA	20,72m	22,00m 30,15%	326
2 Fourie, Christine	W37 GNMA	19,49m	20,70m 28,36%	302

**W40 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Strauss, Michelle	W42 GNMA	24,40m	27,99m 38,35%	439
2 Marx, Thea	W41 Epma	23,43m	26,88m 36,83%	418
3 Kruger, Sanet	W40 WPA	15,29m	17,54m 24,03%	243
4 Coetzee, Marilize	W40 WPA	13,27m	15,22m 20,86%	201
5 Van Zyl, Anerett	W42 GNMA	12,66m	14,52m 19,90%	188

**W40 Javelin Throw Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Blaauw, Anja	W43 GNMA	24,22m	27,79m 38,07%	435
2 Strydom, Ida-Marie	W41 GNMA	23,45m	26,90m 36,86%	418
3 Ebersohn, Cornelia	W43 GNMA	22,78m	26,14m 35,81%	404

**W45 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Louw, Marisa	W47 Epma	18,85m	23,52m 32,22%	355
2 Cilliers, Angela	W48 KZN	18,48m	23,06m 31,59%	346
3 Gerber, Amanda	W46 Epma	14,79m	18,45m 25,28%	260

**W50 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W51 SWD	33,44m	43,96m 60,22%	743
2 Flynn, Judy	W51 GNMA	22,03m	28,96m 39,67%	457
3 Hennop, Ansie	W54 GNMA	19,92m	26,18m 35,87%	404
4 Rawlins, Valery-Ann	W54 KZN	9,12m	11,99m 16,42%	142

**W55 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Louise	W56 GNMA	25,12m	36,37m 49,83%	598
2 Bowers, Cecelia	W55 Bolma	18,41m	26,66m 36,52%	414
3 Dramat, Farieda	W58 WPA	17,58m	25,45m 34,87%	391
4 Nel, Monica	W59 Bolma	15,68m	22,70m 31,10%	339
5 Claassen, Zelda	W57 CGMA	14,35m	20,78m 28,47%	303

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W60 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Dyk, Annette	W62 Namibia	20,12m	32,42m 44,42%	523
2 Erasmus, Zelda	W64 Bolma	17,67m	28,48m 39,02%	448
3 Stofberg, Tertia	W63 WPA	11,04m	17,79m 24,38%	248

**W65 Javelin Throw Heptathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Claassen, Stephanie	W65 GNMA	17,18m	31,21m 42,77%	500

**W65 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ferreira, Mercia	W68 CGMA	17,78m	32,30m 44,26%	520
2 Van Eck, Suzi	W67 GNMA	13,40m	24,34m 33,36%	370
3 Durant, Marita	W66 SWD	12,96m	23,54m 32,26%	355
4 Du Toit, Aletta	W65 WPA	9,42m	17,11m 23,45%	235

**W70 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Grobbelaar, Elize	W71 WPA	10,35m	21,72m 29,76%	321

**M35 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wiener, Shukri	M35 WPA	41,10m	41,61m 42,26%	465
2 Van Vreden, Hendrik-Juan	M35 CGMA	37,55m	38,02m 38,61%	414
3 Van Zyl, Smit	M38 GNMA	36,59m	37,05m 37,62%	400
4 Botha, Bennie	M38 CGMA	28,61m	28,97m 29,42%	285
5 Jonck, Riaan	M39 WPA	26,57m	26,90m 27,32%	256

**M40 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Potgieter, Dirk	M44 Namibia	43,53m	47,28m 48,01%	548
2 Plews, Martin	M44 GNMA	36,28m	39,40m 40,02%	433
3 Slabbert, Morne	M41 Nwna	34,25m	37,20m 37,78%	402
4 Roode, Eurard	M43 CGMA	31,67m	34,39m 34,93%	361

**M40 Javelin Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Pool, Arne	M44 WPA	30,74m	33,38m 33,91%	347
2 Van Zyl, Dana	M43 WPA	28,70m	31,17m 31,66%	316
3 Venter, Jannie	M41 Epma	27,10m	29,43m 29,89%	291

**M45 Javelin Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Blaauw, David	M45 GNMA	36,99m	43,33m 44,00%	491

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M45 Javelin Throw Decathlon**

2 Lombard, Bertus	M48 GNMA	26,29m	30,80m	31,28%	310
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**M45 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M46 GNMA	40,80m	47,80m 48,54%	556
2 Labuschagne, Johan	M45 KZN	39,95m	46,80m 47,53%	541
3 Swanepoel, Jan	M46 GNMA	29,80m	34,91m 35,45%	369
4 Watson, Rowan	M47 GNMA	29,60m	34,67m 35,21%	365

**M50 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Slement, Andrew	M52 GNMA	36,30m	44,56m 45,26%	509
2 Ras, Gerald	M51 GNMA	29,66m	36,41m 36,98%	390
3 Ras, Peter	M54 GNMA	27,65m	33,94m 34,47%	355
4 Du Toit, Izak (Bul)	M51 Central North West	24,63m	30,24m 30,71%	303

**M50 Javelin Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Van Wyk, Zaggeus	M53 Bolma	28,05m	34,43m 34,97%	362

**M55 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bezuidenhout, Vic	M55 GNMA	42,86m	57,34m 58,23%	698
2 Haupt, Burton	M55 GNMA	40,50m	54,18m 55,03%	651
3 Lamara, Zain	M56 WPA	35,42m	47,39m 48,13%	550
4 Roux, Eric	M55 Bolma	30,10m	40,27m 40,90%	446

**M60 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ferreira, Frik	M61 GNMA	36,63m	51,79m 52,59%	615
2 Wale, Anton	M64 WPA	31,75m	44,89m 45,59%	513

**M60 Javelin Throw Decathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rudd, Philip	M61 CGMA	22,50m	31,81m 32,30%	325

**M65 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Nick	M66 Bolma	24,15m	37,72m 38,30%	409

**M70 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Human, Nic	M72 Epma	28,73m	48,26m 49,01%	563

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M75 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Johnston, Steve	M78 WPA	19,80m	37,48m 38,06%	406

**M80 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rzepecki, Andrzej	M80 KZN	25,21m	52,81m 53,64%	630
2 Stoltz, Jan	M80 GNMA	19,60m	41,06m 41,70%	457

**M85 Javelin Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Stannius, Borg	M89 WPA	20,77m	50,63m 51,41%	598

**W30 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Snyman, Karin	W32 GNMA	15,26m	15,26m 64,66%	817
2 Van Vreden, Linda	W31 CGMA	10,27m	10,27m 43,52%	509
3 Koch, Santie	W34 GNMA	9,20m	9,20m 38,98%	444
4 Hattingh, Olive	W30 WPA	6,38m	6,38m 27,03%	275

**W35 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Compion, Maria	W36 WPA	8,82m	9,63m 40,81%	470
2 Fourie, Christine	W37 GNMA	7,06m	7,71m 32,67%	354

**W40 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Coetzee, Marilize	W40 WPA	13,32m	15,78m 66,90%	850
2 Marx, Thea	W41 Epma	11,01m	13,04m 55,30%	679
3 Kruger, Sanet	W40 WPA	8,70m	10,31m 43,70%	512
4 Strauss, Michelle	W42 GNMA	8,69m	10,29m 43,65%	510
5 Van Zyl, Anerett	W42 GNMA	7,95m	9,42m 39,93%	457

**W45 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Louw, Marisa	W47 Epma	11,44m	14,82m 62,79%	790
2 Cilliers, Angela	W48 KZN	8,44m	10,93m 46,32%	550
3 Gerber, Amanda	W46 Epma	8,05m	10,42m 44,18%	518

**W50 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Knobel, Heleen	W51 SWD	13,61m	16,08m 68,19%	869
2 Hennop, Ansie	W54 GNMA	10,07m	11,90m 50,45%	609
3 Flynn, Judy	W51 GNMA	7,87m	9,30m 39,43%	450
4 Rawlins, Valery-Ann	W54 KZN	4,75m	5,61m 23,80%	229

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Bowers, Cecelia	W55 Bolma	9,03m	11,66m 49,43%	594
2 Nel, Monica	W59 Bolma	8,59m	11,09m 47,02%	559
3 Coetzee, Louise	W56 GNMA	8,15m	10,52m 44,61%	524
4 Dramat, Farieda	W58 WPA	7,29m	9,41m 39,90%	457
5 Claassen, Zelda	W57 CGMA	7,14m	9,22m 39,08%	445

**W60 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Stofberg, Tertia	W63 WPA	10,40m	12,59m 53,36%	652
2 Erasmus, Zelda	W64 Bolma	10,01m	12,12m 51,36%	623
3 Van Dyk, Annette	W62 Namibia	8,89m	10,76m 45,61%	539

**W65 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Ferreira, Mercia	W68 CGMA	10,09m	13,37m 56,69%	700
2 Durant, Marita	W66 SWD	8,97m	11,89m 50,39%	609
3 Du Toit, Aletta	W65 WPA	8,93m	11,84m 50,17%	605
4 Van Eck, Suzi	W67 GNMA	7,71m	10,22m 43,31%	506

**W70 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Grobbelaar, Elize	W71 WPA	8,47m	12,42m 52,64%	641

**M35 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wiener, Shukri	M35 WPA	10,87m	11,09m 42,88%	513
2 Van Zyl, Smit	M38 GNMA	10,05m	10,25m 39,64%	466
3 Botha, Bennie	M38 CGMA	9,50m	9,69m 37,48%	435
4 Jonck, Riaan	M39 WPA	6,60m	6,73m 26,04%	271
-- Van Vreden, Hendrik-Juan	M35 CGMA	DNF		

**M40 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Potgieter, Dirk	M44 Namibia	9,90m	10,78m 41,72%	496
1 Plews, Martin	M44 GNMA	9,90m	10,78m 41,72%	496
3 Slabbert, Morne	M41 Nwna	9,28m	10,11m 39,11%	458
4 Roode, Eurard	M43 CGMA	8,56m	9,32m 36,07%	414

**M45 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Venter, Martin	M46 GNMA	14,47m	16,92m 65,45%	845
2 Swanepoel, Jan	M46 GNMA	13,40m	15,67m 60,61%	773
3 Watson, Rowan	M47 GNMA	10,27m	12,01m 46,45%	565
-- Labuschagne, Johan	M45 KZN	DNF		

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M50 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Slement, Andrew	M52 GNMA	12,48m	13,08m 50,61%	626
2 Ras, Peter	M54 GNMA	12,16m	12,75m 49,31%	607
3 Ras, Gerald	M51 GNMA	11,91m	12,49m 48,30%	592
4 Du Toit, Izak (Bul)	M51 Central North West	9,62m	10,08m 39,01%	456

**M55 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Haupt, Burton	M55 GNMA	18,10m	20,31m 78,56%	1041
2 Bezuidenhout, Vic	M55 GNMA	13,48m	15,13m 58,51%	742
3 Roux, Eric	M55 Bolma	11,84m	13,29m 51,39%	638
4 Lamara, Zain	M56 WPA	9,64m	10,82m 41,84%	498

**M60 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Wale, Anton	M64 WPA	13,55m	14,12m 54,62%	685
2 Ferreira, Frik	M61 GNMA	10,50m	10,94m 42,32%	505

**M65 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Erasmus, Nick	M66 Bolma	11,38m	12,69m 49,07%	603

**M70 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Human, Nic	M72 Epma	13,86m	15,81m 61,14%	781

**M75 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Johnston, Steve	M78 WPA	10,95m	13,45m 52,02%	647

**M80 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Rzepecki, Andrzej	M80 KZN	18,18m	23,71m 91,68%	1240
2 Stoltz, Jan	M80 GNMA	12,89m	16,81m 65,00%	839

**M85 Weight Throw Throws Pentathlon**

Name	Age Team	Finals	Age-Grading	Points
1 Stannius, Borg	M89 WPA	10,60m	15,31m 59,25%	753

**M40 Decathlon**

Name	Age Team	Finals
1 Venter, Jannie	M41 Epma	5048

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M40 Decathlon**

2	Van Zyl, Dana	M43	WPA	4884
3	Pool, Arne	M44	WPA	3201

**M45 Decathlon**

Name	Age	Team	Finals
1 Blaauw, David	M45	GNMA	4456
2 Lombard, Bertus	M48	GNMA	2848

**M50 Decathlon**

Name	Age	Team	Finals
1 Van Wyk, Zaggeus	M53	Bolma	2631

**M60 Decathlon**

Name	Age	Team	Finals
1 Rudd, Philip	M61	CGMA	5548

**W30 Heptathlon**

Name	Age	Team	Finals
1 Van Der Merwe, Shona	W30	GNMA	3371

**W35 Heptathlon**

Name	Age	Team	Finals
1 Anderson, Elane	W37	GNMA	3060

**W40 Heptathlon**

Name	Age	Team	Finals
1 Ebersohn, Cornelia	W43	GNMA	4367
2 Strydom, Ida-Marie	W41	GNMA	3554
3 Blaauw, Anja	W43	GNMA	2256

**W65 Heptathlon**

Name	Age	Team	Finals
1 Claassen, Stephanie	W65	GNMA	4737

**W30 Throws Pentathlon**

Name	Age	Team	Finals
1 Snyman, Karin	W32	GNMA	3066
2 Van Vreden, Linda	W31	CGMA	2734
3 Koch, Santie	W34	GNMA	2162
4 Hattingh, Olive	W30	WPA	1041

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W35 Throws Pentathlon**

Name	Age	Team	Finals
1 Compion, Maria	W36	WPA	2127
2 Fourie, Christine	W37	GNMA	1671

**W40 Throws Pentathlon**

Name	Age	Team	Finals
1 Marx, Thea	W41	Epma	2877
2 Coetzee, Marilize	W40	WPA	2874
3 Kruger, Sanet	W40	WPA	2272
4 Strauss, Michelle	W42	GNMA	2226
5 Van Zyl, Anerett	W42	GNMA	1862

**W45 Throws Pentathlon**

Name	Age	Team	Finals
1 Louw, Marisa	W47	Epma	2951
2 Cilliers, Angela	W48	KZN	2566
3 Gerber, Amanda	W46	Epma	1936

**W50 Throws Pentathlon**

Name	Age	Team	Finals
1 Knobel, Heleen	W51	SWD	4058
2 Hennop, Ansie	W54	GNMA	2811
3 Flynn, Judy	W51	GNMA	2512
4 Rawlins, Valery-Ann	W54	KZN	1165

**W55 Throws Pentathlon**

Name	Age	Team	Finals
1 Coetzee, Louise	W56	GNMA	2585
2 Bowers, Cecelia	W55	Bolma	2490
3 Dramat, Farieda	W58	WPA	2299
4 Nel, Monica	W59	Bolma	2201
5 Claassen, Zelda	W57	CGMA	2160

**W60 Throws Pentathlon**

Name	Age	Team	Finals
1 Erasmus, Zelda	W64	Bolma	2878
2 Stofberg, Tertia	W63	WPA	2470
3 Van Dyk, Annette	W62	Namibia	2439

**W65 Throws Pentathlon**

Name	Age	Team	Finals
1 Ferreira, Mercia	W68	CGMA	3165
2 Durant, Marita	W66	SWD	2670
3 Van Eck, Suzi	W67	GNMA	2430
4 Du Toit, Aletta	W65	WPA	2176



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W70 Throws Pentathlon**

Name	Age	Team	Finals
1 Grobbelaar, Elize	W71	WPA	2743

**M35 Throws Pentathlon**

Name	Age	Team	Finals
1 Wiener, Shukri	M35	WPA	2412
2 Van Zyl, Smit	M38	GNMA	2319
3 Van Vreden, Hendrik-Juan	M35	CGMA	1854
4 Botha, Bennie	M38	CGMA	1815
5 Jonck, Riaan	M39	WPA	1340

**M40 Throws Pentathlon**

Name	Age	Team	Finals
1 Potgieter, Dirk	M44	Namibia	2649
2 Plews, Martin	M44	GNMA	2540
3 Roode, Eurard	M43	CGMA	2110
4 Slabbert, Morne	M41	Nwna	1980

**M45 Throws Pentathlon**

Name	Age	Team	Finals
1 Venter, Martin	M46	GNMA	3782
2 Swanepoel, Jan	M46	GNMA	3400
3 Watson, Rowan	M47	GNMA	2992
4 Labuschagne, Johan	M45	KZN	2652

**M50 Throws Pentathlon**

Name	Age	Team	Finals
1 Slement, Andrew	M52	GNMA	2899
2 Ras, Peter	M54	GNMA	2435
3 Ras, Gerald	M51	GNMA	2433
4 Du Toit, Izak (Bul)	M51	Central North West	1944

**M55 Throws Pentathlon**

Name	Age	Team	Finals
1 Haupt, Burton	M55	GNMA	4730
2 Bezuidenhout, Vic	M55	GNMA	3510
3 Roux, Eric	M55	Bolma	2852
4 Lamara, Zain	M56	WPA	2736

**M60 Throws Pentathlon**

Name	Age	Team	Finals
1 Wale, Anton	M64	WPA	3175
2 Ferreira, Frik	M61	GNMA	2834

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 Throws Pentathlon**

Name	Age Team	Finals
1 Erasmus, Nick	M66 Bolma	2883

**M70 Throws Pentathlon**

Name	Age Team	Finals
1 Human, Nic	M72 Epma	3251

**M75 Throws Pentathlon**

Name	Age Team	Finals
1 Johnston, Steve	M78 WPA	2906

**M80 Throws Pentathlon**

Name	Age Team	Finals
1 Rzepecki, Andrzej	M80 KZN	4666
2 Stoltz, Jan	M80 GNMA	3278

**M85 Throws Pentathlon**

Name	Age Team	Finals
1 Stannius, Borg	M89 WPA	3612

**W35 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Viljoen, Ronel	W38 GNMA	28:08,53	27:52,66 70,96%
2 Willemse, Rhoda	W35 GNMA	29:35,24	29:18,56 67,50%
3 Sandi, Fundiswa	W36 WPA	29:58,07	29:41,17 66,64%

**W40 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Moabi, Girly	W42 Nwna	41:18,39	39:45,46 49,76%

**W45 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Serdyn, Mariaan	W46 GNMA	28:18,20	26:10,84 75,56%
2 Els, Suzelle	W47 WPA	32:50,43	30:22,65 65,12%

**W50 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Irmischer, Yvonne	W54 KZN	29:16,83	25:57,61 76,21%
2 Ruck, Celeste	W52 GNMA	31:43,96	28:08,06 70,32%
3 Horn-Botha, Deborah	W51 WPA	31:46,39	28:10,21 70,23%
4 Fuchs, Sharon	W52 KZN	32:26,91	28:46,14 68,77%
5 Le Febour, Jeanine	W52 KZN	32:41,87	28:59,40 68,24%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## ...W50 5000 Meter Race Walk

6 Adams, Carlyn	W54	WPA	32:42,33	28:59,81	68,23%
7 Dunn, Chandra-Jay	W50	WPA	33:56,56	30:05,62	65,74%
8 Gilmour, Trish	W54	WPA	35:00,22	31:02,06	63,75%
9 Loudon, Caryn	W51	KZN	36:59,79	32:48,07	60,31%

## W55 5000 Meter Race Walk

Name	Age	Team	Finals	Age-Grading
1 Van Buuren, Lesley	W55	CGMA	27:20,56	23:06,44 85,62%
2 James, Pamela	W59	WPA	31:52,34	26:56,12 73,45%
3 Nortmann, Tinkie	W56	GNMA	32:33,39	27:30,82 71,90%
4 Williams, Gail	W59	WPA	32:44,19	27:39,94 71,51%
5 Sutherland, Joy	W57	WPA	33:39,63	28:26,79 69,55%
6 Coetzee, Fia	W55	GNMA	34:01,36	28:45,16 68,81%

## W60 5000 Meter Race Walk

Name	Age	Team	Finals	Age-Grading
1 Knoetze, Margaretha	W62	GNMA	31:27,03	25:10,57 78,58%
2 Burger, Erdine	W60	WPA	31:58,03	25:35,39 77,31%
3 Smith, Susan	W61	KZN	32:27,77	25:59,20 76,13%
4 Coats, Avril	W60	CGMA	32:57,78	26:23,22 74,97%
5 Willemse, Lucia	W62	GNMA	34:09,07	27:20,29 72,37%
6 Bennett, Antoinette	W61	KZN	34:44,62	27:48,74 71,13%
7 Ramsay, Jenny	W64	WPA	36:51,15	29:30,03 67,06%
8 Labuschagne, Marie	W63	AFS	38:41,59	30:58,44 63,87%
9 Roux, Isabel	W64	WPA	40:50,71	32:41,80 60,51%

## W65 5000 Meter Race Walk

Name	Age	Team	Finals	Age-Grading
1 Koekemoer, Winnie	W66	GNMA	30:44,20	23:08,32 85,50%
2 Brand, Edna	W65	WPA	31:27,31	23:40,77 83,55%
3 Blignaut, Frieda	W66	WPA	33:31,41	25:14,19 78,39%
4 Josephs, Wendy	W68	WPA	35:09,18	26:27,80 74,76%
5 Pearson, Hendricka	W68	WPA	35:41,76	26:52,32 73,62%
6 Nel, Helene	W65	Border	37:04,55	27:54,65 70,88%
7 Nel, Elizabeth	W67	WPA	37:49,30	28:28,33 69,48%
8 Pellew, Sheila	W65	KZN	38:01,33	28:37,39 69,12%
9 Kettlewell, Charlotte	W69	WPA	40:02,45	30:08,57 65,63%
10 Joseph, Jacqueline	W67	WPA	40:13,50	30:16,89 65,33%
-- Maputle, Martha	W66	AFS	DQ	

## W70 5000 Meter Race Walk

Name	Age	Team	Finals	Age-Grading
1 Meyer, Elsa	W70	GNMA	31:58,84	22:27,03 88,12%
2 Aver, Carol-Ann	W71	WPA	36:30,07	25:37,43 77,21%
3 Schipper, Mary	W70	WPA	36:32,21	25:38,94 77,13%
4 Brennan, Megan	W73	WPA	40:03,27	28:07,10 70,36%
5 Clements, Jeanette	W71	GNMA	44:53,12	31:30,58 62,79%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**W75 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Vey, Hildegard	W75 WPA	35:51,34	23:14,50 85,12%
2 Kidson, Cecile	W75 WPA	37:08,41	24:04,46 82,18%
3 Taylor, Cathy	W75 WPA	37:26,94	24:16,47 81,50%
4 Norton, Margaret	W77 WPA	42:01,65	27:14,54 72,62%

**W80 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Reid, Peggy	W80 WPA	39:23,31	23:17,19 84,96%
2 Pastorino, Jodi	W80 KZN	43:10,35	25:31,42 77,51%

**M35 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Kobue, Mzwakhe	M35 GNMA	24:16,85	23:49,61 75,38%

**M40 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Mc Donald, Ross	M44 WPA	25:51,39	24:33,36 73,14%

**M45 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Appel, Joseph	M47 GNMA	27:29,12	25:05,32 71,59%
2 Hines, Dennis	M49 WPA	30:42,82	28:02,13 64,06%
3 Isaacs, Duncan	M49 WPA	33:31,57	30:36,17 58,69%
4 Dippenaar, Andries	M45 WPA	36:29,39	33:18,48 53,92%

**M50 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Phillips, Kevin	M52 CGMA	24:51,73	21:46,61 82,47%
2 Britz, Chris	M53 GNMA	26:14,52	22:59,13 78,14%
3 Fisher, Ebrahima	M50 WPA	27:21,73	23:58,00 74,94%
4 Papier, Adam	M54 WPA	28:30,68	24:58,39 71,92%
5 Figlan, Thembelani	M51 WPA	31:21,45	27:27,97 65,39%

**M55 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Bester, Jan	M57 GNMA	26:50,00	22:30,80 79,77%
2 Coetzee, Johann	M58 GNMA	27:42,61	23:14,94 77,25%
3 Fuller, Raymond	M59 WPA	29:58,80	25:09,20 71,40%
4 Walters, Schalk	M59 WPA	31:05,95	26:05,54 68,83%

**M60 5000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading
1 Willemse, Jaap	M60 GNMA	28:49,84	23:04,92 77,81%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****...M60 5000 Meter Race Walk**

2 Labuschagne, Danie	M61	GNMA	29:03,89	23:16,16	77,18%
3 Callaghan, Chris	M63	GNMA	29:36,44	23:42,22	75,77%
4 Van Den Berg, Gideon	M61	GNMA	32:57,19	26:22,94	68,08%

**M65 5000 Meter Race Walk**

Name	Age	Team	Finals	Age-Grading
1 Van Zyl, Johan	M68	WPA	28:49,39	21:54,34 81,99%
2 Williams, Les	M66	KZN	32:46,33	24:54,42 72,11%
3 Pellew, Bill	M69	KZN	33:50,52	25:43,20 69,83%
4 Smook, Hendry	M67	AFS	34:01,53	25:51,57 69,45%
5 Turner, Anthony	M67	CGMA	35:09,74	26:43,41 67,21%
6 Barit, Lawrence	M69	CGMA	43:29,66	33:03,35 54,33%

**M70 5000 Meter Race Walk**

Name	Age	Team	Finals	Age-Grading
1 Wonfor, Patrick	M71	WPA	32:53,13	23:34,74 76,17%
2 Clements, Fred	M73	GNMA	33:20,46	23:54,34 75,13%
3 Diedericks, Len	M72	WPA	33:53,60	24:18,10 73,90%
4 Aver, Brian	M73	WPA	37:40,63	27:00,88 66,48%
-- Wagner, Holger	M71	GNMA	DNF	

**M75 5000 Meter Race Walk**

Name	Age	Team	Finals	Age-Grading
1 Spencer, Jurgen	M76	WPA	31:03,25	20:51,74 86,09%
2 Morgan-Smith, David	M79	SWD	35:22,76	23:46,08 75,56%
3 Adams, Ronald	M78	WPA	45:08,98	30:19,90 59,21%

**M80 5000 Meter Race Walk**

Name	Age	Team	Finals	Age-Grading
1 Kirby, David	M81	WPA	39:38,81	24:45,33 72,55%

**M85 5000 Meter Race Walk**

Name	Age	Team	Finals	Age-Grading
1 Hotston, John	M85	WPA	42:39,34	24:30,60 73,28%

**W35 10000 Meter Race Walk 10km Road W**

Name	Age	Team	Finals	Age-Grading
1 Viljoen, Ronel	W38	GNMA	58:11,00	57:38,19 71,05%
2 Smith, Luanne	W37	Bolma	1:27:30,00	1:26:40,66 47,24%

**W40 10000 Meter Race Walk 10km Road W**

Name	Age	Team	Finals	Age-Grading
1 Mentoor, Lithesia	W40	Bolma	1:35:05,00	1:31:31,07 44,75%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## W45 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading
1 Serdyn, Mariaan	W46 GNMA	57:49,00	53:25,71 76,64%
2 Els, Suzelle	W47 WPA	1:06:36,00	1:01:32,71 66,54%

## W50 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading
1 Irmischer, Yvonne	W54 KZN	58:59,00	52:03,88 78,65%
2 Adams, Carlyn	W54 WPA	1:04:21,00	56:48,11 72,09%
3 Ruck, Celeste	W52 GNMA	1:05:29,00	57:48,13 70,85%
4 Fuchs, Sharon	W52 KZN	1:05:39,00	57:56,96 70,67%
5 Le Febour, Jeanine	W52 KZN	1:06:00,00	58:15,50 70,29%
6 Britz, Tianell	W50 Bolma	1:12:01,00	1:03:34,15 64,42%

## W55 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading
1 Van Buuren, Lesley	W55 CGMA	54:12,00	45:26,16 90,13%
2 Williams, Gail	W59 WPA	1:04:39,00	54:11,77 75,56%
3 James, Pamela	W59 WPA	1:05:20,00	54:46,14 74,77%
4 Sutherland, Joy	W57 WPA	1:06:28,00	55:43,15 73,49%
5 Coetzee, Fia	W55 GNMA	1:08:47,00	57:39,67 71,02%

## W60 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading
1 Knoetze, Margaretha	W62 GNMA	1:03:28,00	50:10,99 81,60%
2 Smith, Susan	W61 KZN	1:04:30,00	51:00,01 80,29%
3 Burger, Erdine	W60 WPA	1:04:53,00	51:18,20 79,82%
4 Coats, Avril	W60 CGMA	1:06:23,00	52:29,36 78,02%
5 Bennett, Antoinette	W61 KZN	1:10:23,00	55:39,13 73,58%
6 Ramsay, Jenny	W64 WPA	1:14:21,00	58:47,32 69,66%
7 Roux, Isabel	W64 WPA	1:15:57,00	1:00:03,23 68,19%
8 Labuschagne, Marie	W63 AFS	1:17:53,00	1:01:34,95 66,50%

## W65 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading
1 Koekemoer, Winnie	W66 GNMA	1:02:21,00	46:08,35 88,75%
2 Brand, Edna	W65 WPA	1:03:16,00	46:49,05 87,47%
3 Josephs, Wendy	W68 WPA	1:09:19,00	51:17,67 79,83%
4 Pearson, Hendricka	W68 WPA	1:10:21,00	52:03,55 78,66%
5 Nel, Helene	W65 Border	1:14:24,00	55:03,37 74,38%
6 Nel, Elizabeth	W67 WPA	1:15:01,00	55:30,75 73,77%
7 Pellew, Sheila	W65 KZN	1:16:29,00	56:35,87 72,35%
8 Kettlewell, Charlotte	W69 WPA	1:18:37,00	58:10,59 70,39%
9 Joseph, Jacqueline	W67 WPA	1:20:24,00	59:29,77 68,83%

## W70 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading
1 Meyer, Elsa	W70 GNMA	1:03:56,00	43:52,27 93,34%
2 Aver, Carol-Ann	W71 WPA	1:12:13,00	49:33,31 82,64%

## 40th SA Masters Championship - 2017/05/04 to 2017/05/06

## Green Point Stadium

## Results - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

## ...W70 10000 Meter Race Walk 10km Road W

3 Schipper, Mary	W70 WPA	1:14:00,00	50:46,73	80,64%
4 Brennan, Megan	W73 WPA	1:21:52,00	56:10,62	72,89%

## W75 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading	
1 Vey, Hildegard	W75 WPA	1:11:39,00	45:05,80	90,81%
2 Kidson, Cecile	W75 WPA	1:14:41,00	47:00,35	87,12%
3 Norton, Margaret	W77 WPA	1:23:55,00	52:49,03	77,53%

## W80 10000 Meter Race Walk 10km Road W

Name	Age Team	Finals	Age-Grading	
1 Reid, Peggy	W80 WPA	1:18:35,00	44:44,73	91,52%

## M35 10000 Meter Race Walk 10km Road Wa

Name	Age Team	Finals	Age-Grading	
1 Kobue, Mzwakhe	M35 GNMA	50:58,00	50:10,91	74,10%

## M40 10000 Meter Race Walk 10km Road Wa

Name	Age Team	Finals	Age-Grading	
1 Mc Donald, Ross	M44 WPA	54:03,00	51:37,72	72,02%

## M45 10000 Meter Race Walk 10km Road Wa

Name	Age Team	Finals	Age-Grading	
1 Appel, Joseph	M47 GNMA	57:05,00	52:26,21	70,91%
2 Dippenaar, Andries	M45 WPA	1:15:50,00	1:09:39,64	53,38%

## M50 10000 Meter Race Walk 10km Road Wa

Name	Age Team	Finals	Age-Grading	
1 Phillips, Kevin	M52 CGMA	51:20,00	45:16,26	82,14%
2 Britz, Chris	M53 GNMA	54:54,00	48:24,98	76,80%
3 Donson, Hilton	M54 WPA	1:10:13,00	1:01:55,45	60,05%

## M55 10000 Meter Race Walk 10km Road Wa

Name	Age Team	Finals	Age-Grading	
1 Bester, Jan	M57 GNMA	54:09,00	45:46,39	81,23%
2 Coetzee, Johann	M58 GNMA	1:01:27,00	51:56,63	71,58%

## M60 10000 Meter Race Walk 10km Road Wa

Name	Age Team	Finals	Age-Grading	
1 Callaghan, Chris	M63 GNMA	57:57,00	46:46,64	79,49%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****M65 10000 Meter Race Walk 10km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Van Zyl, Johan	M68 WPA	57:57,00	44:24,43 83,73%
2 Williams, Les	M66 KZN	1:06:47,00	51:10,57 72,66%
3 Pellew, Bill	M69 KZN	1:07:21,00	51:36,62 72,05%
4 Turner, Anthony	M67 CGMA	1:09:38,00	53:21,61 69,68%
5 Smook, Hendry	M67 AFS	1:11:10,00	54:32,11 68,18%

**M70 10000 Meter Race Walk 10km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Clements, Fred	M73 GNMA	1:07:02,00	48:25,90 76,77%
2 Diedericks, Len	M72 WPA	1:07:54,00	49:03,47 75,80%
3 Wagner, Holger	M71 GNMA	1:12:12,00	52:09,88 71,28%
4 Aver, Brian	M73 WPA	1:15:46,00	54:44,49 67,93%

**M75 10000 Meter Race Walk 10km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Morgan-Smith, David	M79 SWD	1:11:18,00	48:11,08 77,17%
2 Adams, Ronald	M78 WPA	1:30:20,00	1:01:02,84 60,91%

**M80 10000 Meter Race Walk 10km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Kirby, David	M81 WPA	1:19:57,00	50:04,85 74,25%

**M85 10000 Meter Race Walk 10km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Hotston, John	M85 WPA	1:23:06,00	47:41,97 77,95%

**W30 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Le Roux, Natalie	W34 KZN	1:43:59,00	1:43:59,01 81,57%

**W35 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Willemse, Rhoda	W35 GNMA	2:09:24,00	2:08:11,02 66,16%
2 Sandi, Fundiswa	W36 WPA	2:10:49,00	2:09:35,22 65,45%

**W50 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Horn-Botha, Deborah	W51 WPA	2:15:47,00	1:58:56,78 71,30%
2 Gilmour, Trish	W54 WPA	2:21:27,00	2:03:54,62 68,45%
3 Dunn, Chandra-Jay	W50 WPA	2:28:14,00	2:09:51,15 65,31%



**40th SA Masters Championship - 2017/05/04 to 2017/05/06****Green Point Stadium****Results - Age Grading: 5 Yr Indiv & 5 yr Multi****W55 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Nortmann, Tinkie	W56 GNMA	2:20:24,00	1:56:20,13 72,91%

**W60 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Willemse, Lucia	W62 GNMA	2:25:26,00	1:53:08,83 74,96%
-- Collins, Judy	W63 WPA	DQ	

**W65 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Blignaut, Frieda	W66 WPA	2:19:19,00	1:40:54,43 84,05%

**W70 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Stead, Ann	W70 WPA	2:29:37,00	1:39:52,15 84,93%

**M35 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Cillie, Gideon	M39 WPA	1:49:03,00	1:47:57,58 71,65%

**M45 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Hines, Dennis	M49 WPA	2:06:59,00	1:58:04,91 65,51%

**M50 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Fisher, Ebrahima	M50 WPA	1:58:46,00	1:46:09,22 72,86%
2 Papier, Adam	M54 WPA	2:00:14,00	1:47:27,88 71,97%

**M55 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
-- Fuller, Raymond	M59 WPA	DQ	

**M60 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Willemse, Jaap	M60 GNMA	2:02:13,00	1:40:16,73 77,13%
2 Labuschagne, Danie	M61 GNMA	2:05:42,00	1:43:08,22 74,99%
3 Van Den Berg, Gideon	M61 GNMA	2:22:01,00	1:56:31,49 66,38%

**40th SA Masters Championship - 2017/05/04 to 2017/05/06**

**Green Point Stadium**

**Results - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M70 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Wonfor, Patrick	M71 WPA	2:23:59,00	1:45:43,62 73,16%

**M75 20000 Meter Race Walk 20km Road Wa**

Name	Age Team	Finals	Age-Grading
1 Spencer, Jurgen	M76 WPA	2:14:43,00	1:32:19,29 83,78%

**Combined Team Scores - 8 Events Scored**

1) Gauteng Noord Meesters Atl	343	2) Western Province athletic	289
3) Central Gauteng MasteAthle	69	4) KwaZulu-Natal Athletics	60
5) Boland Masters Athletics	49	6) Eastern Province Masters	46
7) South Western Districts At	28	8) Namibia	16
9) North West North Athletics	5	9) Central North West	5
9) Athletics Free State	5	12) Border	3